

P-A-T-S

Program for the Advanced Treatment of Stuttering

Highlights:

PATS is an intensive day-program for pre-teens (11+), teens and adults with persistent stuttering diagnosed in childhood.

Discover and gain control: Get to know your speech mechanism, and your speech attitudes. Eliminate unproductive speech behaviors, and establish productive speech behaviors. Each day you will learn new knowledge and skills, giving you more and more control over your stuttering, fluency, and mindset about talking. Because the program is fast-paced and lock-step (each new skill builds on a previous skill), full attendance to the program is required.

Succeed through practice: Practice your new speaking skills in a supportive group environment, and on “speech outings” on the USF Tampa campus. A group format encourages social interaction and teamwork. Participants work together to achieve speech targets.

Become your own speech clinician: Learn to self-evaluate your performance as you work toward daily speech targets. By the time you leave the clinic, you will be your own speech clinician, armed with knowledge and skills to maintain your new speech tools in the long term.

Outcomes:

PATS participants will...

- Learn about speech anatomy, speech sound formation, and behaviors that define stuttering.
- Dissect your stuttering to understand exactly how and why your speech gets interrupted physically.
- Begin to take control of your stuttering by modifying it.
- Learn how to speak with greater fluency through careful planning, shaping, and highlighting of utterances.
- Learn how to maintain your new skills by setting realistic goals, understanding how stress affects speech tool use, and learning to conquer fear in speaking.

Important Details:

Dates:

July 10 - 28, 2017 (Monday-Friday)
8 a.m.-4 p.m.

Location:

University of South Florida, Tampa campus

Cost:

\$600* for the entire (3 week) program
\$200 refresher course (1 week) for past clients
* (includes ~90 hours of treatment and a treatment manual. Participants must bring their own lunch/snacks/drinks.)

History:

PATS is a less intensive adaptation of Pat Sacco’s residential *Fluency Management Program*, which was offered in New York and then in Florida over a span of more than three decades. Sacco and colleagues published more than a dozen articles in peer-reviewed journals, demonstrating the program’s effectiveness in reducing the frequency and severity of stuttering. Dr. Nathan Maxfield, Associate Professor in Speech Pathology at USF, attended the program as a client in 1993, and then worked as Mr. Sacco’s assistant for five years (1994-1998). Sacco retired in 1999. In 2011, after earning his master’s and PhD degrees and returning to USF as a professor, Maxfield revived Sacco’s program and renamed it PATS. PATS takes the traditional therapy process for stuttering, which usually lasts months or years, and programs it into a fast-paced and intensive treatment. Intensive treatment helps clients rapidly eliminate unproductive behaviors and attitudes that allow stuttering to persist, and rapidly establish new behaviors and attitudes that facilitate fluent speech production. In order to make these rapid gains, full attendance to PATS is required. In order to maintain these gains, clients **MUST** participate in routine speech therapy, after PATS, over the long term.

Program director:

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TO ENROLL, please contact:

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