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Seeking teens and adults to participate in stuttering research. This research aims to improve speaking fluency while addressing the social and emotional challenges associated with chronic stuttering disorders. Your participation will help clinicians better understand the experiences of a person who stutters and help shape the future of stuttering treatment.

Eligible Participants Must:

- Be between the ages of 13-25
- Reside in California
- Have a history of stuttering
- Have difficulty managing stuttering or tend to avoid speaking due to stuttering
- Be able to attend up to 18 stuttering therapy sessions via online Zoom telepractice

CONTACT:

Vicki Brumberg, MS CCC-SLP vicki.brumberg@rm.edu

or scan the QR code to complete the interest form online



There are no significant risks participating in this research. You may increase your ability to produce speech fluently following the study. Participants will receive a \$25 gift card upon completion.





The Effects of Integrating Acceptance and Commitment Therapy (ACT) with Traditional Fluency-Enhancing Techniques on Stuttering Frequency, Speaking Confidence and Quality of Life in Adolescents and Adults who Stutter via Telepractice