National Stuttering Association

...for kids and teens who stutter, their parents, SLPs and others who support them!

January • February 2009

Family Voices

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CBS Interviews Our NSA Kids

By Michelle Polhamus,
mother of Heather and Blaine

After CBS national news played a segment on people who stutter, our local NSA chapter decided to contact our local CBS station to see if they would draw some attention to our new NSA Kids/ TWST group and gain awareness to the people of the Low Country, South Carolina about stuttering. To our surprise they responded!

Our trusty leader Caroline Pittard, an SLP and a person who stutters grabbed the bull by the horns and gave the news anchor all the wonderful facts and myths about stuttering and even shared her personal stories about growing up stuttering. When she was telling her story Caroline's Mom, Dad and I were looking on. I thought what a big step for Caroline to be talking about this for all the Low Country to hear!

Then came my son's turn, Blaine is 11 years old and has stuttered since he was 3 years old. Blaine shared his pain of how mean kids at school can be and how he gets frustrated trying to communicate, but he also expressed "it's a part of who you are and not what you are...just a part."

My 17-year-old daughter Heather was last. Heather shared growing up stuttering and feeling "alone" because she didn't know anyone else that stuttered except her brother. Heather also noted famous people who stuttered.

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From One Parent to Another...

Debbie Nicolai,
Family Programs Co-Chair

The school year is rapidly coming to an end and your child by now is usually feeling very comfortable in the classroom, with his teacher and his friends. Now is the perfect time, if he feels comfortable doing so, for your child to educate his class about stuttering.

Does your child have any special accommodations in the classroom such as not having to read aloud or not having to do oral presentations? These accommodations are often the reason that many kids decide to do a classroom presentation on stuttering. Often, the other students in the classroom wonder why "Stephanie" is not reading out loud when everyone else has to or why she is able to do her oral presentation after school when the rest of the class has to do it in front of everyone. Steph finally realized that her classmates were thinking that she was getting special treatment because she was the teacher's pet. Obviously this wasn't true, but her classmates were angry at her. This was when she felt that she needed to do a classroom presentation about her stuttering.

When she came to me and said that she wanted to do this, I was afraid for her. I saw the classroom presentation that she did just one year earlier and the kids were visibly uncomfortable as she stuttered severely and went past the allotted time.

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National Stuttering Association
Changing the lives of people who stutter

National Stuttering Association t.w!s.t. Teens Who STutter

nsakids national stuttering association

Arizona Sun... here we come!!

The 2009 NSA Annual Conference Scottsdale, Arizona

The annual NSA Conference is the premier meeting of people who stutter, including children, teens, parents, and professionals. Everybody gains insight from professionals and most importantly, from each other.

Parents who have experienced the NSA conference have said they wish they had known about us years before. This is a rare chance to meet face to face with other parents of children who stutter, adults who stutter and some of the most outstanding stuttering specialists in the world. Come, listen, learn, ask questions and share stories with others! Parents are encouraged to bring children who stutter (ages 7 and older).

We are excited to bring you three days of activities during the conference beginning at 8:30 am on Thursday. The **Family Orientation Workshop** will familiarize you with the conference schedule while giving you a chance to become acquainted with the Family Programs staff, the **Teen Advisory Council** and other families. This three-day program will provide you with the opportunity to network with leading experts who specialize in working with children and adolescents who stutter, as well as with other families. Your questions will be answered and parents will meet other parents while their children explore their stuttering in a fun and safe environment. Other activities include pool parties, parent and youth round table discussions, a scavenger hunt for the kids, and much more! *These are three days you don't want to miss!*

Ask the Expert:

by Nancy Hall

What is my role as a parent?

There is an old adage in clinical and educational fields that goes something like this: Parents know their children best. This notion is borne out in recent research on language development in children, in which investigators have found that parent report of overall communication capability is predictive of a child's later academic achievement. It is believed that parents bring a global perspective on their youngsters' communication skills that cannot be captured in a clinical setting. It seems that parents are keen observers of their children's strengths and weaknesses - in fact, research has suggested that parents and clinicians often agree in their assessments of a child's communication skills - thus, making the parent a valued member of the team. Yet, when it comes to decision making in therapy, parents do not always feel included. In this column, I highlight strategies parents can use to play a role in their child's stuttering therapy.

Ask for "talking time" with your child's clinician.

If you don't have regular opportunities to talk with your child's clinician, request them. If we believe (as I do) that parents bring an important perspective to the therapeutic process and their input is essential to success, then time must be devoted to the parent, just as it is to the child. You and your child's clinician will need to develop a mechanism for ensuring your "talking time" is preserved - whether that be in person, on the phone, via email, etc. Most important is your participation in the therapeutic process.

Record your observations (when possible).

As parents, we are observing our children all the time, but we may have trouble remembering our observations when asked about them later. I recommend writing down what you observe - not just focusing on the stuttering, but making sure to record what's working. Take notes on the context, your child's behavior, your behavior, how behaviors and attitudes have changed, family dynamics, etc. This can be done as brief notes that serve as reminders at your next "talking time." For example, "...fluency best in mornings.... with family members....we use this time to practice fluency as much as possible.....and expect less fluency and talking at other times..."

Identify your priorities for your child's therapy.

In part, the success your child achieves in therapy depends on the match between your goals and those of the clinician. The best therapy plan is one in which these overlap entirely. You and the clinician can partner to identify the top three priorities, where you would like to see your child's communication at the end of therapy, and how your child is functioning at the present time. The process of identifying these components early in therapy serves to create a common ground for you and the clinician, and allows you to be an equal partner in determining the course of therapy.

Do your homework and don't be afraid to ask questions.

"Knowledge is power." Educate yourself. Find reputable sources (beginning with the NSA) and learn more about stuttering and its treatment. Seek out other parents who have experienced what you are going through. Every parent of a child who stutters has questions. Go ahead and ask! The answer may surprise you!

Nancy E. Hall, Ph.D., CCC-SLP, is an Associate Professor in Communication Sciences and Disorders at the University of Maine. She teaches courses in fluency disorders, has sponsored numerous workshops for children who stutter, and has practiced speech-language pathology, concentrating on stuttering, for nearly 25 years.

CBS interview: cont from page 1...

As I watched my two children speak to the reporter with that very big intimidating camera, the words pride, courage, and heart could not begin to explain how I felt. I held back my emotions. I did not want to show the true fear I felt for them, but this day Caroline, Blaine and Heather taught me so much....Don't let fear of stuttering stand in your way of anything!

During the past few days the support of Charlie Adams, Tammy Flores and the entire NSA has been so great. We have only been affiliated with the NSA 9 months but they have changed our lives forever!

I can't begin to tell how the NSA has changed our lives.., first the conference in New Jersey and Heather playing Dorothy and now Blaine on our local news station talking about how stuttering really is ok. I can't wait to see what this year holds for our Family and our local NSA chapter. The NSA is such a welcoming, loving family and I am a better mother because of them.

Our Voices

Living with Stuttering

by Sharita Dickerson

Have you ever been so scared to speak? Well I have been scared to speak almost all my life. Out of my 18 years of life, I have stuttered for 14 of those 18 years. Ever since I was 4 years old, I have stuttered. When I was younger I was a very quiet child because I didn't want to stutter and every time I did try to speak kids would laugh at me and call me names and mock my speech. Sometimes I would cry.

So in turn, I tried to speak as little as possible. If I had to do a presentation I would try and get out of it or I would ask for extra credit so I didn't have to go in front of class. And I would never ask questions in front of people. I would always talk to my teachers in quiet. People would always come up to me and ask me why I didn't talk. Out of all my siblings I was always known as the "quiet one." I got so used to being made fun of that when people comment on my stuttering now it doesn't bother me. Although I still stutter I am trying to accept that I will always stutter and that is a part of who I am. That is what makes me so unique.

I guess I would view my stutter as a blessing and a curse because it makes me more aware and it also a makes me work harder and not take things for granted. I don't like to put down people who are different because I too am different. I always have been and I always will be. I still do have problems talking in front of large crowds or my class. Because when I know I have to speak in front of a crowd I get like this knot in my stomach where my stomach starts to hurt and I have a panic attack. But I am working though all of that. I have learned that there are 3 million people who stutter. That helps, having support from others who are just like me.

Scholarships Available!

Need help getting to the conference this year?

Due to the generosity of corporate sponsors and many of our members, we are pleased to announce that scholarships are available once again to provide financial assistance for adults/families who would like to attend our annual conference. If you would like more information regarding scholarships please tell us why at tflores@WeStutter.org. Speech therapists are also asked to email us to help identify families who would benefit from this assistance.

Accepting Stuttering with the NSA...

by Vineet

This is Vineet and I am from India. I am doing my undergrad in Comp Science. I love reading novels, hanging out, going to parties and just being wild and free. I want to live my life to the fullest and enjoy every bit of it. I am person who stutters. My stutter can go from being almost unnoticeable to moderate but nowadays it has become almost a non-issue...

I am 20 years old. There is a lot to say... I know that I have grown a lot in the past few months.. I have grown from a person who hides his stuttering to a person who has become a lot more accepting of his stuttering.. and I guess all that has just been from knowing that I am not alone and realizing that stuttering can be a good thing and I gotta say “I am proud to be a stutterer". One piece of writing that has been very inspirational to me is the writing by Alan Badmington on comfort zones www.mnsu.edu/comdis/isad6/papers/badmington6.html

Now after having accepted my stuttering to a good extent and the challenges that come with it, I have become a much happier person and also believe that stuttering is a gift ! I don't have any specific New Year Resolutions with regard to my stuttering... I guess my resolution is to just be who I am and become the person I am capable of becoming!

Parent's Perspective

by Shannon Bealy

Our NSA family story: I am the proud parent of Braden Barber, a teen who stutters. He began to speak simple phrases and sentences at a very early age. At 18 months, he got Meningitis and had a high fever. Braden recovered from the illness, but I noticed him struggling to speak. He could no longer say "I". He would open his mouth, strain, and shake, but no sound would come. I later learned that this is called a "block". He kept trying to force out the sound and it started coming out as a scream. At this point, Braden began what is known as "covert stuttering". He would reverse his words, so instead of saying "I want water", he would say "Water for me", to avoid the block.

I brought up my concern about his struggles with speech to our Dr, who said not to worry, just give it time. Once he started public school, his unique way of talking was brought to the attention of the school's speech language pathologist. He was officially diagnosed as a "stutterer", and began speech therapy. I was relieved to have someone acknowledge my concern, and answer the hundreds of questions I had. Braden and I were so lucky to have Jean Lopez as his SLP. She is the one we have to thank for introducing us to the wonderful support network for people who stutter! She asked if Braden and I would like to attend a YESS (youth experience stuttering support) meeting, and offered to go with us to the first meeting. Braden was so excited to meet other children who "talked like him"! We are eternally grateful to Mrs. Lopez for going above and beyond to help us.

Thanks in part to Trish Lehrman and the Dallas YESS group, Braden was fearless in elementary school. However, middle school was brutal. The bullying was out of control, and my confident, self assured young man, was taunted, mocked, and ridiculed until he just stopped talking. It was devastating for me to watch my talkative boy disappear. Braden began treatment for depression, and really struggled with school. There was very little recourse/reprimand for the bullies. I heard "boys will be boys" and "he just needs to toughen up" so many times I wanted to scream! After reviewing the Student Code of Conduct, I learned that disability harassment is a serious violation, and that a first offence is a mandatory 2 day in school suspension. Yes, stuttering is considered a disability under the Americans with Disabilities Act. Once I brought this to the attention of the principal and all of my son's teachers, they changed the way they handle bullying. Sadly for Braden, the emotional damage had been done.

I poured my heart out to Trish (YESS) and she mentioned a Youth Day/Family Workshop that she thought might help. Braden was granted a scholarship to that workshop, where we met Nina and Lee Reeves who are also part of TWST (Teens Who Stutter). We learned about the NSA Conference in Atlanta while at this workshop, and we had no idea how much our lives were about to change. Everyone we talked to told us that we needed to go. I started looking into costs, and soon realized there was no way we could afford to go. Someone suggested that we apply for a scholarship. Getting to the NSA Conference became a mission. Braden sent out an email sharing his story and asking to work any jobs to raise money to get to the conference. His plea inspired such an outpouring of generosity, and his story was featured in Dallas Voices. Not only did we get a scholarship, people donated our airfare, hotel cost, food costs, and more. Elaine Saitta and Tammy Flores were incredibly kind and patient in helping us through the whole process.

> "I was determined to stand up for him; he needed me to be his voice, now more than ever."

When we arrived at the conference, I was overwhelmed by the number of people who came up to us and made us feel like we really belonged. The very first person was Cathy Olish. We will never forget that introduction. Whenever someone introduced themselves to Braden, he would point to his nametag, but wouldn't say his name. That night I cried, thinking he won't ever feel safe enough to speak to others. The next morning we separated into our first classes, me to the parent meeting and him to the teens. He was very uneasy about being without me. I shared Braden's story with other parents. I was thinking about how he was doing. When the class was over I rushed out to the hall waiting to see how he was. He was the last one to walk out of his class, and he was smiling and talking, actually talking to another teen! I was overcome with emotions at the sight. We also made very special friends, Julie and Chloe Whittaker. Braden really opened up with Chloe and enjoyed having a normal conversation with someone who really understood what he had been through. I was able to just talk and cry with another mom who knew what I was dealing with as a parent.

The theme for the conference that year was Gifts of the NSA. I proudly stood in front of everyone and told them that the gift the NSA gave me was to see my son smiling and talking. I hadn't seen that son for 3 years. For me there could be no greater gift in the world. We were sad to leave all our new friends behind, but excited about seeing them the following year in New Jersey! Braden and I can honestly say the NSA Conference changed our lives!

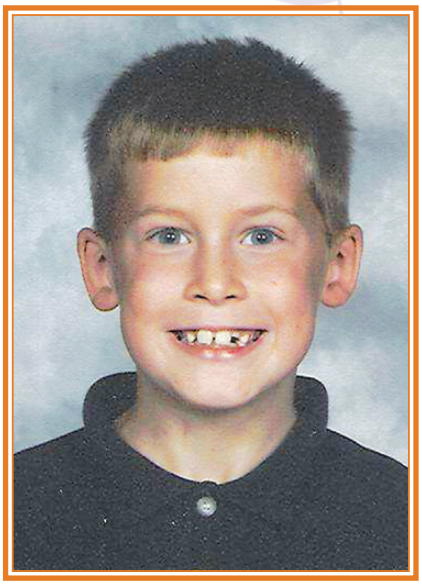
I know all these names I mentioned may not mean anything to you, but, each and every one of them mean the world to Braden and me. They have touched our lives beyond measure, and there are no words to express how grateful we are for them all.

Thank you for letting me share my story. I can't wait to hear yours!

Stutter Buddies

I Go to Stuttering Classes Called Boys Club

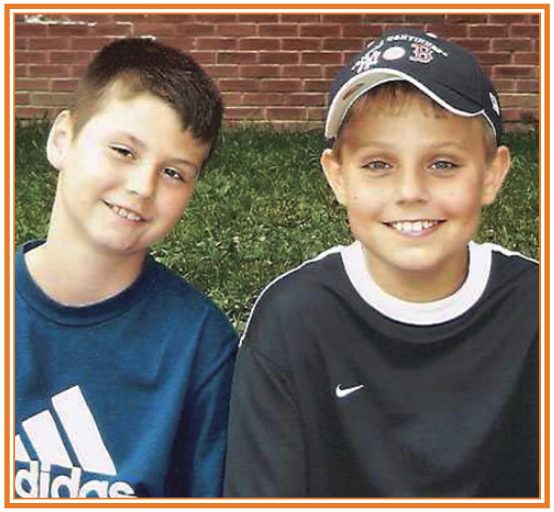
by Daniel N. of Shrewsbury, MA.



Dear Stutter Buddies,

My name is Daniel and I'm 8 years old. I am third grade at Spring Street School in Shrewsbury. I am really interested in video games and math. My older brother and I both stutter. My type of stuttering is repeating words. My mom and I do presentations in my class each year. This helps people at school understand about my stuttering. My good friends seem to understand about my stuttering. They don't tease me. Strangers like waiters and waitresses don't understand about stuttering, I guess. When people interrupt me, it makes my stuttering much worse. I go to stuttering classes called "Boys Club". We work on stuttering and play games there. I like going because it's fun. My speech therapist's name is Judy. Boys Club is at her house. My stuttering strategies are resisting time pressure and using the gentle sound. I hope my stuttering goes away.

From Daniel



Stuttering Camp

by Dylan H. and Ben S. of New Hampshire

Dear Stutter Buddies,

Our names are Dylan and Ben. We go to stuttering camp at the University of New Hampshire. Now that we are here we feel better because we thought we were the only nine-year-olds who stutter. We like the camp because we have met two other people of the stuttering population, including one of our speech teachers named Kim (who burns the popcorn during our snack break) ! ! If you live in New Hampshire or Southern Maine, you should go to stuttering camp at the University of New Hampshire if you are a person who stutters. Here we play and learn at the same time, work as a team, and are never alone. It is fun because you can go on scavenger hunts and have snacks. But most important, you learn a lot of stuttering facts and fluency techniques. We are going to make a movie about stuttering and a poster about famous people who stutter.

Sincerely, Dylan and Ben

Stutter Buddies

You're Not Alone

by Kyle M. of Bothel, Washington

Dear Friends,

My name is Kyle and I am a fifth grade student in Bothell, Washington. I first began to stutter while in first grade. Although I am ten years old, I tend to be short for my age. Unfortunately, many of the students at my school began to tease me once they heard me stutter. Being shorter than most also singled me out for additional teasing. Have you ever felt hurt or sad by the inconsiderate comments people make about people who stutter? If you have, you're not alone. I once even had a teacher make an inappropriate comment regarding my stuttering. It really hurt my feelings. The teacher allowed other students to continually interrupt me which was only making it more difficult for me to get the word out. Just as I was about to say the word, the teacher interrupted me and said, "Come on, spit it out!" I finally got the word out and just walked away. I know first hand how it feels to be singled out for my stuttering. I believe that education regarding sensitivity to stuttering is lacking in our society. Most people are unaware of how hurtful their comments can be. I know that if you are like me, you wish over and over in your head that you wouldn't stutter. I know in my heart that what is most important is what I, or those I care about, think. I am hopeful that I can make a difference in bringing stuttering awareness to those in my community. I hope that you will also be able to take this important step.

Your friend, Kyle

Family Voices would like to hear from YOU!
Please send us your thoughts, ideas, questions and stories.

Contact the NSA or Sarah D'Agostino at sdowgiallo@yahoo.com

Stutter Buddies Stories and drawings may be submitted for publication.
Send them to the NSA or to Bonnie Weiss at 1484 Kensington Avenue, Buffalo, NY 14215 blweiss1@verizon.net

From One Parent to Another: cont from page 1...

She wrote out her presentation and there were some parts that were funny and some that brought back some painful memories, but Steph alone wrote it and wanted to tell her story.

When I arrived at the school to support Steph, she was excited to be able to tell her story. She stood in front of her 6th grade English class and announced to her peers that she stuttered. She told them that although they all thought that she was lucky that she didn't have to read out loud, it came with a reason. She couldn't read out loud without stuttering severely. After her speech, she answered every question that she could and referred others to me to answer. One student in the class told Steph that she was the bravest person that he knew because she told everyone about her stuttering.

The NSA now has a brochure, **A Classroom Presentation about Stuttering: You can change how your classmates think about stuttering!** It has so many ideas and will help your child write his presentation. Even if your child is not quite ready to do a presentation to his class, this is a great brochure to have ready. Please call the NSA office to order one today. Also, National Stuttering Awareness week is in May. This is a great reason to plan a presentation for family members, Boy Scout and Girl Scout troops, sports teams, church groups and everyone else. The more people that we educate about stuttering, the fewer that there are to tease our kids.

Steph's presentation, although it is 8 years old, is on the NSA website in the Children's section. I urge you to read it and discuss the speech with your child. If your child decides that he would like to give a presentation, please send the presentation to me and I will make sure that it gets on the website. debnico@aol.com

Remind your child that he is not alone and neither are you! We are all in this together and together we can make a difference.

What the Teen Advisory Council means to me

by Sean Hare

When I was asked to write an article about my experience on the TAC, I thought it would be easy since I had nothing but good things to say. But that's the problem. How do I compress a potential 10 page essay into a measly 500 words or so? So after hours of reminiscing through my 4 or so years on the TAC, and shedding a few tears and giving off several goofy smiles, I finally had my article. The only problem now was where to start.

Let's start at why I joined the TAC. When I heard the TAC was interviewing for new members, there wasn't a doubt in my mind that I would try out for it. After a good, relaxed interview, with minimal stuttering I might add, I got the job. I knew this new title would mean I would be a role model to teenagers and kids alike, and I would be the link between teens and their parents. But I had no idea how much work it would be. At my first conference as a TAC member, I quickly found myself running around like a chicken with its head cut off. I'm not going to lie; I was rethinking whether or not this was for me after that. Luckily, I decided to give it another year or two...or four.

It's true being on the TAC is tough work. We have to lead workshops, and be there for the parents and teens at all times. But under all this work, is an extremely rewarding experience. The most obvious reward for being on the TAC is the fact that I become a role model to teens and kids. In the first couple years, I found that people seemed to hover to me more, especially if they had a question about something. I'd often hear, "Sean, what workshop should I go to?" or "What should I do Sean?" At first, all these questions were a little overwhelming, but I became a pro at answering them in no time. Now, I love answering any questions anyone asks me, and I love seeing their reaction when I give a sufficient answer.

Beyond being a role model, there is another huge reward that the TAC has given me. This would be all the people whose lives I've touched in someway and all the amazing people I've met. Through the TAC, I've had the pleasure of meeting so many outstanding people and getting to know them and their lives. Getting to know these people has not only helped them, but it's helped me as well. It's given me multiple shoulders to lean on and a kind of "support group" in times of need. I can't thank them enough for being there for me. There's two sides to this though. I've seen other people grow not only physically, but emotionally as well. I won't say his name, but there's a friend of mine who I see at every conference. I remember his very first conference; he was the shyest person I've ever seen. He didn't talk to anyone, and just blended into the background. But over the years, I've gotten to talk to him and I've invited him along on casual outings, and I've seen him grow as a person. Now, he's almost as social as I am, which is saying a lot. He's never too shy to voice an opinion or say something. This makes me extremely happy and makes this experience on the TAC totally worth it. If I've helped one person come out of their shell, then I've done a good job.

This would be the part where I try to sum things up, but I really can't because there's so much more I want to say. I guess you'll just have to ask me in person when you see me at the conference this year. I encourage everyone who wants to, to try out for the TAC, it will change not only your life, but the lives of others as well. I can easily say that being a member of the TAC has been the most rewarding experience in my life, and it has truly made me who I am today. Thank you everyone who has helped me along the way, and I look forward to seeing everyone in Arizona.

Teens: We need YOU!!
We are looking for new members for the NSA TEEN Advisory Council (TAC). We will be interviewing at the conference!! If you have any questions, please email Debbie at debnico@aol.com.

Marybeth's Message: SLPs find the NSA

Marybeth Allen, CCC-SLP- BRF-FD

Thank you for telling me about the NSA conference! This conference has changed my life!

Although those are words that one hears often at the annual NSA Conferences....it doesn't always come from a parent, kid or teen who stutters! Would you believe that increasingly, you will hear those words coming out of the mouths of SLPs !! Yes...truly! In recent years, the NSA has worked hard to increase the visibility of our conference and the continuing educational offerings to SLPs. This mission of reaching out to the "professional community" directly helps NSA members by increasing SLP's factual knowledge base and their understanding of stuttering. By attending our conferences, SLPs not only gain needed continuing education credits but, more importantly, hear our stories and begin to understand that most of the time "overcoming stuttering" has very little to do with "fluency" and everything to do with loving and accepting ourselves as people who stutter. So parents...here's a challenge for you! How would you like to hear those words coming out of the mouth of YOUR child's SLP?? When this year's conference brochures come out; send one over to her or him. Encourage them to go to Scottsdale, AZ in July for the CEUs....and change their lives!

NSA-Kids and TWST chapters across the US! Check the www.WeStutter.org for contact information!

family Voices

This issue we hear from 3 of our NEW groups. They all had a tremendously successful first meeting. Congratulations to the leaders!!!

October 2008 NSAKids- Chicago

The first Chicago NSAKids meeting was a great success! 30 people- 9 families showed up and 5 SLPs. We started out as a large group and played a game and then we split into two groups. The parents went to the conference room and participated in a discussion led by Sandi Rabin. I took the kids into the cafeteria. We started out with a few icebreakers and then we began talking about stuttering. We discussed what we liked and disliked about stuttering. We wrote all of our negative feeling on lots and lots of red balloons. We compiled our positive feelings on one large white helium balloon and sent it up into the sky to share with others. The kids had a blast going crazy and popping all of the red balloons. We ended with a family team jeopardy game about stuttering [our categories included famous people, facts, what helps, and silly stutters]. People seemed to have a great time and we got a lot of positive feedback. It was so much fun to lead...I can't wait until next time! Stephanie Hirsh

November 2008 NSAKids NJ Shore

We opened by introducing everyone. Then we played a simple guessing game where someone would describe an object using whatever fluency enhancing tools they use or none at all if they preferred; then the person next to them had to guess the object. Then we talked about secondary characteristics and how important eye contact is even during the moment of stuttering. We went around the room and everyone had to stutter if they didn't want to, they could pass. We noticed that even fluent people didn't have good eye contact, even though they didn't stutter. We briefly discussed the importance of a 504 and difficulty often getting the right therapy in school. Delcie Halsey

January 2009 NSAKids Auburn, NH

Very first meeting.. .We had 24 people! 11 kids and teens who stutter!

After introductions and the NSA welcoming words, we split up the kids and the parents. Parents had their own "support group" and the kids played a game saying what food they liked to eat that started with "A" and then passed the ball to someone else in the circle that repeated and then added something that started with "B" and so on. They had a great time. They then moved on to drawing a picture about their stuttering. One drew a picture of himself giving a presentation at school. They then frosted and decorated cupcakes and had drinks and socialized. We played human bingo. The adults and kids did this in their separate groups. Winners received a candy bar. We then gathered feedback from the kids. The smiles were worth every hour of work we put into this.

One of the teen boys came reluctantly with his mom (as a favor to my son who really looks up to this boy) with the understanding that he wouldn't have to come again. He made a point of coming over to me at the end and said, "Thank you for doing this. It was really cool actually." Then he told my son he'd see him in February. I was thrilled. He obviously felt comfortable if he wants to come back. Coming from a 16 year old, that carried a lot of weight for me. I can't tell you how thrilled Sheryl and I are. Pattie Wood

ACTIVE GROUPS...
- Dallas, TX
- Longview, TX
- Mesquite, TX
- Rochester, NY
- Low Country, SC
- Lafayette, LA
- Sacramento/Roseville, CA
- Chicago/Naperville, IL
- Illinois State University
- Chicago/Skokie, IL
- Orlando, FL

NEW GROUPS!!!
- Auburn, NH
- Jersey Shore, NJ
- Southeast, MI

UP & COMING GROUPS...
- Milwaukee, WI
- Casa Grande, AZ
- Houston, TX
- Hillard, OH
- Queens, NY

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FAMILY VOICES is a forum for views and information about stuttering directed toward families of the NSA. The opinions expressed are those of the individual contributor, and are not necessarily the opinion of the National Stuttering Association. The NSA accepts no responsibility for the accuracy of any opinion or information provided by the contributor, nor do we endorse or reject any therapeutic strategies, programs or devices mentioned in these pages.
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