

Title: The relationship of attitudes about stuttering to mental and physical health in adults who stutter.

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This study seeks to document how attitudes about stuttering relate to psychological and physical well-being in adults who stutter (age 18 and above). Participants will be asked how they view their own stuttering, stuttering in general, and their perceptions of their own health. The major goal of the study is to see how these variables are related. A secondary goal is to compare adults who do and do not stutter in terms of perceptions about stuttering, and self-reported well-being. Results of the study will be used to develop more effective assessment and treatment methods for individuals who stutter. The investigator will be contacting adult chapter leaders of the NSA regarding the study. Prospective participants may be contacted by their group leaders or members to see if they are interested in participating, or links may be found on social media websites for participants to complete the survey. If you would like to participate, you can also contact Michael Boyle at boylemi@montclair.edu.