The National Stuttering Association (NSA) is a non-profit organization dedicated to bringing hope and empowerment to adults and children who stutter, their families, and speech professionals through support, education, advocacy, and research.

The NSA was founded in 1977 as the National Stuttering Project. One of the group’s most important projects was the establishment of local self-help chapters across the U.S.

Each month, more than 2,500 people gather together in a network of nearly 200 local chapters across the U.S. to discuss life, stuttering, and how best to cope with their disfluency. The NSA has local self-help chapters for Adults, Kids, Teens, Family, and Military personnel.

Since 1982, the NSA has held an Annual Conference where the stuttering community comes together to develop friendships, gain knowledge about navigating through life with a stutter, learn about cutting edge stuttering treatment/research, and most importantly, realize they are not alone. The 2018 Annual Conference in Chicago was the world’s largest gathering of people who stutter with nearly 900 attendees. The 2019 Annual Conference will be held in the first week of July in Ft. Lauderdale, Florida.

Stuttering is widely misunderstood. The National Stuttering Association is committed to educating the public about stuttering. We can help you by providing information on stuttering and connecting you with interview subjects and experts in stuttering, parenting a child who stutters, the latest in stuttering research, and the impact of stuttering on people who stutter.

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- Stuttering is a communication disorder involving disruptions, or “disfluencies,” in a person’s speech.
- 1 out of every 100 adults stutter.
- There are 3 million American adults who stutter.
- 5% of all children go through a stuttering phase, but most grow out of it before reaching adolescence.
- The exact cause of stuttering is unknown but may include genetic, physiological and environmental factors.
- There is no cure for stuttering.
- Stuttering affects men four times more than it affects women.
- The stigma of stuttering is profound, affecting relationships, employment and general life situations.
- The accepted term for those who stutter is “person who stutters”.

westutter.org