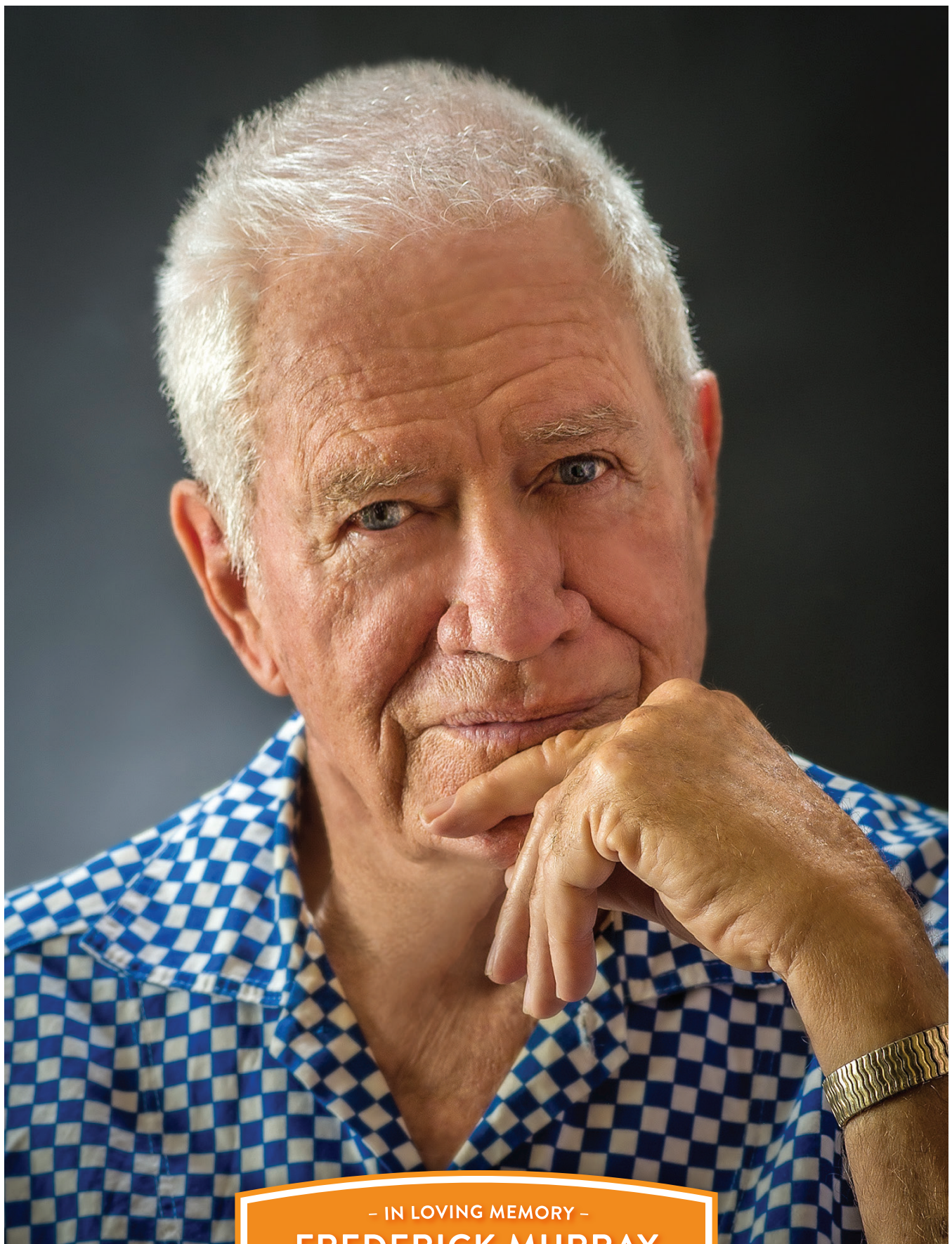


IF YOU STUTTER YOU ARE NOT ALONE



NATIONAL STUTTERING ASSOCIATION
FORT LAUDERDALE, FL – JULY 3-7, 2019



– IN LOVING MEMORY –
FREDERICK MURRAY

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WELCOME MESSAGE

THE NSA BOARD OF DIRECTORS, STAFF, AND FAMILY PROGRAMS COMMITTEE WELCOME YOU TO FORT LAUDERDALE! WE'RE SO EXCITED THAT YOU ARE HERE!

Whether this is your first conference or your 36th, we know that you are about to experience an event unlike anything you have imagined. Over the next four days, we will come together as a close-knit community of adults, children, families, and friends who share stuttering as a common bond. We will be educated, motivated, and challenged. We will be moved as we listen to the stories of our comrades, as well as share our own, perhaps for the first time. Most of all, though, we will realize once again that we belong to a very special community of caring individuals who understand exactly what it is and how it feels to stutter, and we will remember how important it is to be a part of this community. In many ways, you may find these next few days will be the first days of the rest of your life.

We would also like to welcome all of the speech-language pathologists to the conference this year! Stuttering is a complicated disorder, and we value your commitment to learning more about stuttering. With your help and dedication, we can educate and empower those who stutter and the general public. We encourage you to attend any workshop, but please note that ASHA CEU workshops (those which offer .10 Continuing Education Units) **are marked with an asterisk (*) throughout the program.** If you have pre-registered, CEU forms will be enclosed in your pre-registration packet at the conference. Participants can earn up to a maximum of 1.1 ASHA CEUs (11 hours).

Take a look at the photos that follow, and make a point to introduce yourself to us. We are here to help you have the greatest conference experience possible!

NSA EMPLOYEES



Tammy Flores
EXECUTIVE DIRECTOR



Melissa Lopez
CONFERENCE
COORDINATOR



Mandy Finstad
PROJECTS DIRECTOR

NSA BOARD OF DIRECTORS



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Pamela Mertz
SPECIAL PROJECTS



Tom Scharstein
ADULT PROGRAMS



THANK YOU, CONFERENCE SUPPORTERS!

Thank you to the individuals and organizations who so generously contributed to our Silent Auction and Raffles. These fundraisers help sustain our work, and we couldn't hold them without YOU!

The NSA is a 501(c)(3) non-profit organization celebrating over 40 years of support and education for children and adults who stutter. Your purchases are tax-deductible to the extent provided by the law. Please consult your tax advisor with questions.

All items must be paid for in full at time of purchase. Note all conditions, restrictions, and expiration dates on items and services. Unless otherwise specified, all auction items and services must be used within one year of purchase. Payments may be made by cash, check, Visa, or MasterCard. Checks should be made payable to the National Stuttering Association. Thank you for supporting the NSA!

*Barry Liben
& Family*

THE ARTHUR M. BLANK
FAMILY FOUNDATION

*Larry Burd
& Family*



Canadeo Family



PHOTOGRAPHY INFORMATION

Be advised that the photos/videos taken during the NSA conference may be used by the NSA for promotional purposes. Attendance at NSA events implies permission for NSA use of participant likenesses. If you DO NOT wish your or your child's likeness to be used, please come to the registration desk to complete and sign our opt-out form.

HOURS OF OPERATION

The NSA Store is located next to conference registration. Be sure to check out our complete line of books and brochures for teachers, parents, professionals, adults, and children who stutter, as well as a wide variety of other NSA items. Payments may be made by cash, check, or Visa/Mastercard.

NSA STORE & REGISTRATION HOURS:

Tuesday 12:00 PM to 5:00 PM **Wednesday** 9:00 AM to 5:00 PM **Thursday** 8:00 AM to 4:30 PM
Friday 8:00 AM to 5:00 PM **Saturday** 8:30 AM to 4:00 PM

Closed during Opening Conference Kickoff, General Session, & Closing Ceremony.

STAY CONNECTED

KEEP THE FLORIDA SPIRIT ALIVE! STAY IN TOUCH WITH ALL THE FRIENDS YOU'VE MET



Put faces with names on Facebook. The NSA's Facebook page is your top resource for all things new and current within the NSA. 'Like' us today at [Facebook.com/WeStutter](https://www.facebook.com/WeStutter) to keep up with posts from friends, old and new.



Follow the NSA on Twitter at [Twitter.com/WeStutter](https://twitter.com/WeStutter) and keep up with us before, during and after the conference. Don't forget to use [#NSAAnnualConference](https://twitter.com/hashtag/NSAAnnualConference) to let everyone know what's happening at the conference!



Follow us on Instagram [@WeStutter](https://www.instagram.com/WeStutter) to browse through the latest graphics and images showing what the NSA is up to an all about. Don't forget to check out our Instagram Stories during the conference to get a first-hand peek behind the scenes!

ADULT WORKSHOP SCHEDULE

WEDNESDAY 12:30PM - 1:15PM

Let's Get this Conference Started (Icebreaker)

(Salon E)

Every NSA Conference is a new – and sometimes intense – opportunity to meet new people and examine the role stuttering plays in your and your family's life. Whether this is your first or your fifteenth conference, you can expect to meet new people, make new friends, and engage differently with stuttering. So, join us and get ready to dive into this year's conference!

WEDNESDAY 1:30PM - 2:45PM



Stuttering, Employment, & the Disability Label

Jeff Fett (Salon E)

What can a PWS do when they do not self-identify as Disabled but employers or potential employers apply the label to them? There are no easy answers. In this workshop, Jeff Fett, NSA's Central North Regional Coordinator, will present his personal struggles with being labeled Disabled at work. The workshop will also explore how others have handled similar situations and will provide an opportunity to discuss how to manage when employers use their perception of stuttering as a disability to limit your options and potential.

Promoting Empowerment Through Disclosure of Stuttering*

Michael Boyle (Salon A/B)

This interactive workshop will begin by providing a brief review of research in the area of stuttering disclosure. Key topics will include correlates, consequences, and critical elements of disclosure. Attendees will interact with each other to share their thoughts about disclosure, the consequences of disclosing (benefits and challenges), and the most effective ways of disclosing in various situations. Attendees are welcome to share their thoughts and experiences related to disclosure of stuttering with the group.

Discovering the Real You

Danette Fitzgerald (Salon G/H)

What inspires us to explore ourselves? Often it's because we're seeking to change something. Our stuttering brought us to the stuttering community, and learning from others helps us understand ourselves better – which enables us to grow closer to who we want to be. In this interactive workshop, we'll utilize small groups to learn from each other, and go away with tools to make the most of the rest of the conference.

WEDNESDAY 3:00PM - 4:15PM

You Found Your Tribe! Now What?

David Alpuche (Salon A/B)

The NSA Annual Conference has the potential to be THE experience of a lifetime, but with so much to do every day, it can feel a little overwhelming. In this workshop you will learn how to get the most out of your NSA experience: from making new friends and building your tribe, to taking all of those experiences back home and applying them to your everyday life (and everything in between)! Stuttering is a very personal journey, but now that you are here, it's time for you to really understand the significance of the words, "You are not alone." Welcome to the family!

Acceptance: Not the Final Frontier

Vikesh Anand (Salon E)

When you hear the word "acceptance," what do you think? Do you think, "Wow, it would be great to get there!"? Do you think, "No, acceptance is for lazy people."? Let's talk about acceptance as a starting point for our stutter, not the end goal.

First Timer Orientation

Welcoming Committee (Salon G/H)

Come meet other first-timers and get acquainted with the busy conference schedule at this fun, lighthearted, informative gathering. There will be a few small presentations on what to expect and how to make your conference experience the best ever. Plus, there will be a chance to meet NSA leadership,

ADULT WORKSHOP SCHEDULE

learn some NSA history, and explore what the NSA offers you! Here's a chance to ask questions and prepare for your first – but likely not your last – NSA Annual Conference!

WEDNESDAY 4:30PM - 5:15PM

Conference Kickoff!

Ocean Ballroom (1st Floor)

Whether you are with us for the first time or are a returning long-time conference veteran, join us as we kick off the event! You will hear from both our leadership and passionate members as we welcome and prepare you for the 2019 Conference!

THURSDAY 7:45AM & 8:30AM

Chapter Leader Breakfast & Experience

Tom Scharstein (Salon A-C)

The Chapter Leader Experience is designed to help you gain a completely fresh perspective on the purpose of a Chapter, and will provide you with a valuable, sustainable framework for building community and success. Create authentic friendships, be immersed in NSA leadership culture, and experience how the NSA is in the business of finding people's greatness. Unpack this idea of Chapters, and why it is a vital part of who we are. Those considering starting a Chapter are welcome to attend.

THURSDAY 9:00AM - 10:15AM

Advocacy: A Beginners Guide*

Chaya Goldstein, John Gomez (Key West/Palm Beach)

Within each of us lies an advocate ready to be activated to make a difference. Join us so we can help you identify your inner advocate and start advocating for yourself, your child, friend, or the community. Together we will define what advocacy is, identify internal and external resources to maximize on your advocacy skills, and explore what this looks like for you in practice in day-to-day life.

Welcome to the Young Adults Program

Jeff Maddox, Hayden Lambert (Salon J/K)

This is where it all begins! Come meet fellow young adults and learn what the Young Adults Program has to offer. You will get a chance to connect with new and returning friends and review Young Adults workshops and events taking place over the next few days. There will also be an icebreaker with prizes, so this is a workshop you won't want to miss!

Fear & Courage in the Workplace

Mara Ormond (Salon F)

The workplace can be a minefield of challenging, nerve-racking situations for people who stutter. Most of us handle these difficulties with our own personal blend of bravery, avoidance, perseverance, and discouragement. This workshop will guide each participant in examining their current approaches to stuttering-related stress at work and create a strategy for operating in an even more intentional, undaunted way. We'll explore what fear and courage really are, and, more importantly, what they mean to each of us. These are big topics, but this workshop will be focused, practical, and interactive.

Acceptance and Change: Are They Compatible?*

Mark Baer, Ben Goldstein, Nic Brow, Vivian Sisskin (Salon E)

Is it possible accept one's stuttering while making changes to reduce its impact? Presenters will discuss the intersection of acceptance and change, and demonstrate how one can simultaneously accept the role of someone who stutters AND make changes in order to reduce struggle, and increase confidence and spontaneity. This workshop will use treatment principles from Avoidance Reduction Therapy for Stuttering (ARTS®).

ADULT WORKSHOP SCHEDULE

THURSDAY 10:30AM - 11:45AM

General Session: "Why Me?" Stories of Understanding, Acceptance, & Embracing One's Stutter

(Salon E)

"Why me?" is a question people who stutter often ask throughout different phases of their life. It's also a question parents of a child who stutters wrestle with. In this unique NSA keynote experience, you'll hear powerful and deeply personal perspectives on the effects of stuttering and how to conquer the challenges stuttering presents.

THURSDAY 11:45AM - 1:00PM

First Timers Luncheon

(Caribbean Ballroom)

First-Timers meet and mingle with other first-time conference attendees (and perhaps a few old-timers). Conference veterans are free to head out on their own, pick up their (prepaid) boxed lunch, or enjoy a meal around the hotel.

THURSDAY 1:15PM - 2:30PM

If I Knew Then What I Know Now: Q&A with an SLP and Parent

Anne Williams, John Tetnowski (Salon G/H)

This case-study presentation will explore the ins-and-outs of speech therapy from the perspective of both a parent and the speech-language pathologist who provided intervention. Each family's experiences is unique, but this interactive workshop should provide insights and takeaways for all parents navigating a child's speech therapy for stuttering.

Oh, the Stories We Can Tell!

Vince Vawter (Salon E)

Sharing your story cannot be overvalued because both the presenter and the audience can benefit equally. We'll explore the best ways to craft your story and help you gain confidence in the presentation.

What Do We Gain From Stuttering?

Christopher Constantino, Elizabeth Wislar, Joshua St. Pierre, Patrick Campbell (Salon J/K)

This panel discussion begins with the question, "What do we gain from stuttering?" This is NOT a discussion of what PWS gain by "overcoming" stuttering, but what we gain from the actual experience of stuttering. Another way of looking at this is exploring what would be missing from our lives if we were fluent. The panel discussion will be followed by small group discussions. By the end of the workshop, the group as a whole should be able to articulate what stuttering adds to the lives of people who stutter.

LGBTQ+ Persons Who Stutter & Allies

Matt Maxion, Leah Graham (Key West)

This is a guided open discussion workshop for LGBTQ+ people who stutter, their families, friends, and allies. Discussion topics focus mainly on the "coming out" and "passing" experience unique to members of both the LGBTQ+ and stuttering communities. Past discussions have focused on the similarities between the two communities, the challenges in identifying as a member of both groups, and how to break the ice in "coming out" as a member of both communities.

Stuttering as a Traumatic Experience: Implications for PWS, SLPs, & Community*

Katie Gore, Chaya Goldstein (Salon A-C)

This workshop explores whether or not stuttering can and/or should be considered a form of trauma, and what that means for PWS and professionals who work with PWS. The clinical presenters will provide basic information about clinical trauma frameworks, and how trauma is currently understood in psychological and neurobehavioral research. This will be connected to what we understand about the personal experience with stuttering, centering on workshop participants. If a trauma framework makes sense for stuttering, what does this mean for practices and philosophy or speech therapy and/or self-driven personal change?

ADULT WORKSHOP SCHEDULE

Avoiding Avoiding

JJ White, Sivan Aulov, Cam Francek (Salon F)

In this interactive workshop, you'll learn first-hand how to create your own "Fear Hierarchy" by creating an actionable Daily, Weekly, and Monthly plan. The goal of this workshop is to get out of our own way and this time physically create a PLAN to do so. By taking action, we can work to become comfortable being uncomfortable and reap some terrific benefits. A wise man once said, "A person's success in life can be attributed to the number of uncomfortable conversations he/she is willing to have" and Coach John Wooden said, "It won't work, unless you do."

THURSDAY 2:45PM - 3:45PM



Stuttering in the Workplace: A Legal Overview

Ilya Filmus (Salon E)

Getting, keeping, and performing well in a job is not always easy, and stuttering can create additional challenges. Fortunately, there are employment laws that offer some protections to job applicants and employees who stutter. This workshop will include an overview of federal employment laws that apply to stuttering, as well as how laws in some states like California provide greater protections. We will also review, among other things, a recent court decision upholding a \$500,000 award to a person for being mocked for stuttering in the workplace.

Breaking Free: An Intro Into Improv

Marc Winski (Salon J/K)

It may surprise some people, but improv acting and stuttering have linear similarities. Come for an afternoon of judgement-free exploration and improvisation. This workshop is for everyone, and will introduce you to the freeing benefits of making bold choices, following your impulses, and opening yourself to the lasting effects it can have on your daily life (including stuttering)! Come explore, break out of your comfort zone, and have a lot of fun!

Taboo Topics in Stuttering

Monica Johnson, Anne Williams, John Tetnowski (Salon A-C)

Everyone has that one question they wish they could ask but feel uncomfortable asking because it may be considered taboo, forbidden, or embarrassing. Here, everything is on the table and nothing is off-limits. Participants are invited to join conversations exploring intimacy, awkward moments, depression, anger, disclosure, therapy, and more. Myths will be challenged, stories will be told, and questions will be answered. Join us for a discussion where anything you say goes and everything you say matters.

Stuttering Pride & Prejudice

Patrick Campbell, Chris Constantino (Salon F)

Historically, stuttering has generally been regarded as an individual speech defect. However, emerging models of disability are challenging this preconception. They situate the defect in a society ill-designed for people who stutter. Some models go further to see stuttering as a natural form of speech diversity of which people who stutter can be proud. This workshop will consider different models of disability and their implications for people who stutter, clinical practice, and research.

Open Microphone

(Key West)

Find your voice at NSA's Open Mic! Sing a song, recite poetry, tell a joke, or share your own experiences at one of our open microphone sessions. These sessions are for NSA'ers who want to let go and let their voices be heard, or just come and listen in a supportive environment.

ADULT WORKSHOP SCHEDULE

FRIDAY 9:00AM - 10:15AM

Attending Chapter Meetings: Motivations & Expectations

**Angela Medina, Kayleen Amarante,
Michele Prezzemolo, Naiceli Almeida,
Natalie Martinez, Tom Scharstein (Salon J/K)**

Going to a Chapter meeting for the first time can be quite intimidating. Who will be there? What are we going to talk about? Do I have to talk? The unknown can be a hurdle for many who are considering attending their first meeting. In this workshop, we will discuss as a group what motivated you to attend your first Chapter meeting and what keeps you coming. Chapter Leaders are encouraged to attend.

SLPs Who Stutter: Untangling the Knots & Embracing Authenticity*

Rivky Susskind, Chani Markel (Salon A-C)

SLPs who stutter can often feel a divide between our identities as PWS and SLPs. Sometimes our beliefs and thoughts about our own stuttering clash with the ideals we are trying to instill in our clients. What happens when we find ourselves personally struggling or even failing to meet those same standards we set for our clients? How do we deal with the cognitive dissonance that we experience, as the "all-knowing" SLP and the very human stutterer? These questions and more will be explored in our workshop centered around authenticity, vulnerability, and the nature of the human experience.



Stuttering & Employment Laws: Actions You Can Take

Gregory Chiarello (Salon E)

There are employment laws, including the Americans with Disabilities Act (ADA), that can protect the rights of people who stutter, and there are simple steps PWS can take to pursue legal action in the event of discrimination. This workshop will provide an opportunity to learn about the relevant laws, explore real-life scenarios based on recent stuttering cases, and gain a greater understanding of the legal process. All of which can help PWS make the best decisions concerning their legal rights.

Hot Topics for Young Adults

Cary Hill, Tiffani Kittilstved (Salon F)

Dating, family dynamics, friendship, discrimination, perceptions, severity, and other hot topics...oh my! Join us to discuss these issues and more that affect Young Adults who stutter. Along with our topics, we encourage you to contribute other hot topics relevant to your life. There are no limits to what may be discussed; no issue too awkward or controversial. This is your opportunity to discuss big topics in a safe, respectful space! This discussion-based, small group workshop will be insightful, thought-provoking, and real as we delve deep into topics relevant to our lives as Young Adults who stutter.

Teens Teaching Therapists About Stuttering*

Liz Blake, Annie Hernandez (Key West)

The SLP often seems to have the authority in the SLP-Teen relationship, but what happens when teens play a role in training the therapists? The Palm Beach Teens group developed a "Teens Teach Future Therapists" lecture program in collaboration with the University of South Dakota's Communication Science Department. This presentation will include how the program was developed, a description of the lecture format, a review of the outcomes of the graduate student lectures, and a discussion of how to establish similar learning opportunities in other communities.

FRIDAY 10:30AM - 11:45AM

Learning the Gift of Gab: From Toastmaster to Talkmaster

Marvin Wiley (Salon A-C)

Toastmasters has over 15,000 clubs across 142 countries and can provide a great opportunity to step outside your comfort zone and bring your verbal communication skills to the next level within a positive and supportive environment. Participants who stutter often gain confidence with public speaking and appreciate the opportunity to experiment with different ways to manage their stutter. This workshop will demo what a typical Toastmasters meeting looks like.

ADULT WORKSHOP SCHEDULE

Reframing Perspectives on Stuttering

Kristine Short, Caden Short (Salon E)

Do you feel like stuttering is the best thing about you or do you feel like it is the worst thing about you? Join us for a discussion on a different way of thinking about stuttering – it just is – it is neither good or bad. Topics will include letting go of the investment of energy into the sometimes polarizing dichotomy of advice, overcoming negative perceptions of stuttering and transitioning from worry to confidence.

Advertising: Taking it to the Streets of Fort Lauderdale!

Tiffani Kittilstved, Jeff Maddox (Key West)

In this popular workshop, participants will break into small groups and head out to nearby sidewalks, stores, and restaurants of Ft. Lauderdale to talk about stuttering and stutter openly with hospitable South Floridians. This is an opportunity for you to observe various methods of disclosing stuttering, ranging from a quick mention to a whole conversation, while experiencing the liberation of advertising your stuttering in a safe space with other people who stutter to support you. There is no obligation to participate, but for those who do you will see that you don't have to be fluent to be an effective communicator.

Open Microphone

(Salon F)

Find your voice at NSA's Open Mic! Sing a song, recite poetry, tell a joke, or share your own experiences. These sessions are for NSA'ers who want to let go and let their voices be heard, or just come and listen in a supportive environment.

FRIDAY 1:30PM - 2:45PM

A Father & Son Journey to Self-Discovery

Robert O'Brien, John O'Brien (Salon G/H)

In this interactive workshop, a father and son, both of whom stutter, will recount their experiences as PWS and as a parent of a PWS. They will cover dealing with shame, bullying, speech therapy, struggling

with masculinity, survival, and coming out as gay as an adult. With humor, and a lot of hindsight, they will dismantle communication barriers and discover how love can be expressed in spoken and unspoken ways.

Stuttering Therapy Activities in the School Setting*

Nancy Ribbler (Salon A-C)

School-based SLPs are constantly challenged with daily demands and large caseloads and designing engaging and effective therapy activities for students who stutter can be overwhelming. This workshop will focus on providing a variety of therapy activities based on a multidimensional approach to stuttering by incorporating cognitive, attitude, social, and motor components. Treatment strategies will include group-therapy techniques, working with teachers, involvement in support groups, techniques to promote transfer to the classroom, and strategies for dealing with teasing and bullying.

Demystifying Job Interviews: Stories & Lessons for Success

Mitchell Trichon, Derek Mitchell, Annie Bradberry, Vikesh Anand, Danette Fitzgerald (Key West)

Interviews can be a challenge for anyone, but people who stutter can find them especially difficult. In this session, you will interact with panelists who will provide insight on how to make your skills and talents the highlight of your interview. Learn how panelists have used stuttering in their personal narratives to help them convey throughout the application process why they make a great candidate.

Grandma's Wisdom & Cognitive Behavioral Therapy

Eric Mandel (Salon J/K)

This workshop will explore how wise words from a Grandma and a little Cognitive Behavioral Therapy (CBT) can help overcome social avoidance. Join us as we discuss tools to fight common mental traps – such as Catastrophizing, Magnifying, and Overgeneralization – that hold us back from putting our best selves out there.

ADULT WORKSHOP SCHEDULE

Dear World, I Stutter: Therapeutic Change Through Letter Writing*

James Hayden, Geoff Coalson, Erick Raj (Salon E)

This presentation will explore the usefulness of therapeutic letter-writing, a modified form of “narrative therapy”, as a potential tool for persons who stutter to facilitate clinical and personal growth. The presentation will focus primarily on excerpts from “Dear World, I Stutter,” a collection of letters written by a person who stutters to a variety of people (younger-self, future children, and stranger who laughed at his stutter) and specific concepts (stutter, eye contact, microphone). We will examine the value of such therapeutic letter-writing included in this book from the perspective of graduate clinicians and clients who stutter.

PWS+: Intersectionality Between Stuttering & Other Identities

Tiffani Kittilstved, Derek Daniels, Nathan Mallipeddi (Salon F)

Intersectionality refers to the impact of multiple identities on an individual. People who stutter are diverse and oftentimes have multiple identities that define them. These may be related to race, gender, sexual orientation, and more. PWS may experience discrimination without knowing whether it's due to being a PWS or due to another identity(ies). Three PWS will share their stories of how stuttering intersects with other aspects of their identities. They'll explore how they are shaped as individuals by their various identities and experiences and brainstorm ways to reduce discrimination.

FRIDAY 3:00PM - 4:15PM

Stuttering In Real Life*

Courtney Luckman, Katie Gore (Salon A-C)

Let's be real, stuttering therapy can be paradoxical, confusing, and uncomfortable. Join speech IRL in this hands-on workshop to learn about stuttering therapy, with a twist.



Employers' Perceptions of Stuttering During Job Interviews

Charity Yarzebinski, John Tetnowski (Salon J/K)

Research has demonstrated that employers desire to learn more about stuttering as part of the hiring process. The first part of this two-part workshop will present the results of a study of employers' views on hiring people who stutter. Following the presentation of data will be an open discussion with attendees about the experiences of people who stutter as they navigate the job interview process, practices that have been helpful in navigating job interviews, and other topics suggested by the audience.



Stuttering in the Classroom: Considerations for Students & Faculty*

Charley Adams, Aisha Haynes (Salon E)

Stuttering can present challenges and opportunities for both students and instructors who stutter. Both may have concerns about their ability to communicate clearly and on command despite the fact that effective communication does not depend on fluent presentation. This workshop will provide an opportunity to discuss these issues, as well as what resources and accommodations may be available, and suggestions that may help both students and instructors navigate the reality of stuttering on campus.

Writers Who Stutter Present: Spectacular Stuttering Soliloquies

Elizabeth Wislar, Jaymie Horak, Cameron Raynes (Salon F)

Writers Who Stutter, a creative writing workshop group and Facebook platform for people who stutter, is back with our third annual NSA workshop! This year, our focus is on monologues. What is a monologue? How do you take your audience on a riveting journey with just your voice? How do you hook the audience and demonstrate your unique perspective? All these questions and more will be explored in our workshop. No previous Creative Writing experience necessary!

ADULT WORKSHOP SCHEDULE

SATURDAY 9:00AM - 10:15AM

Stuttering: Whom to Tell, When & How

John Gamble (Salon F)

How, when, and to whom should stutterers disclose their stutter? What factors contribute to a person's decision when and how to disclose? There are no absolute rules, and different people certainly choose to answer this question differently. A long-time PWS/college professor will discuss his experiences with disclosure and lead a discussion in which others can share their opinions about experiences with stuttering disclosure.

Speed Friending

Hayden Lambert, E Draine (Salon J/K)

Are you finding it difficult to meet all of the other Young Adults you see at the conference? If so, this is the workshop for you! With just three minutes per conversation, you will have the chance to befriend other conference attendees at lightning speed! And don't worry, if the conversation ever fizzles, we have topics on hand to spice things up!

Updates on the Medical Aspects of Stuttering & Advancements in Treatment*

Gerald Maguire (Salon A-C)

Emerging data suggests that medical advancements can benefit stuttering treatment. New research on the latest in pharmacologic treatments of stuttering will be presented.

Open Microphone

(Miami)

This is an opportunity to get up and share your thoughts and emotions after what can be a life-changing weekend. There is much to be said and heard before we all head home, so please come and be part of the culmination of something special.

The Client/Clinician Relationship: Partnering for Success!*

Susan Cochran, Jennifer Groh (Salon E)

This workshop is designed to assist audience members with acquiring strategies for developing and nurturing a healthy and productive relationship with their client/clinician, for the purpose of supporting and advancing the therapy process. Based on the research supporting that the client/clinician relationship is responsible for at least 30% of changes made in the therapy process, we will share and demonstrate five therapeutic situations where we (client and clinician) have combined the supportive variables that create and sustain a healthy client/clinician alliance (common factors).

SATURDAY 10:30AM - 11:45AM

General Session: Refining Courage to Face Our Fears

Sharon Steed (Salon E)

None of us walk through life without some fear, doubt, insecurity, or shame. We all have something that's a soft spot; and that thing gives us pause and makes us wonder if we're good enough. Sometimes, we face our fears with confidence. But other times the courage we need eludes us, and we find ourselves back in that cycle of fear, doubt, insecurity and shame. So how do we cultivate that courage in the big and small moments of our daily lives? How do we speak with authority when we feel so small? And how do we live and stutter with confidence when we're paralyzed by doubt.

In this keynote, Sharon Steed will share the lessons she's learned from her life as a full-time public speaker who is also a stutterer. She'll take you through her journey of struggling with communication through her childhood; avoiding communication at all costs early in her career; and how stuttering on stages across the world gave her a genuine confidence that fluency never could.

ADULT WORKSHOP SCHEDULE

SATURDAY 1:30PM - 2:45PM



When Bias Toward Stuttering is Implicit, How Do You Know it's There?

Dale Williams, Charles Dukes, Jillian Scott (Salon E)

Have you ever been passed over for a leadership position? Ignored in conversation? There may have been valid reasons, but it also could be implicit bias. Implicit bias refers to the attitudes or stereotypes that unconsciously affect understanding, actions, and decisions. Although there is research demonstrating implicit bias in regard to race, gender, sexual orientation, and disability, its application to stuttering is unclear. This interactive workshop will explore subtle forms of prejudice experienced by people who stutter, compare them to other types of bigotry, and even address the tricky topic of what can be done to combat these behaviors.

Young Adults Closing Microphone

E Draine, Cary Hill (Salon J/K)

As the conference comes to a close, we invite our fellow Young Adults to a time of open-mic sharing! This is a great opportunity to discuss what this year's conference has meant for you. You can tell a (short) story, give a shout out to the workshops/moments that have impacted you the most, read a poem, tell a joke, or simply say your name with assurance! This workshop is a powerful experience you don't want to miss!

What About the Listener?

Kenny Koroll, Laura Schuler, Annemarie Whitesel (Salon F)

Are we sometimes too focused on the person who stutters when it comes to communication? What about the listener? Can acknowledging and addressing what the listener is feeling have a positive impact on communication? A panel of speakers will discuss and answer questions about what the person who stutters can do to improve communication for both the listener and themselves.

Mixed Messages: Fluent Speech & Joyful Communication. Can We Have Both?*

Reuben Schuff (Salon A-C)

A number of treatment protocols that SLPs employ focus on fluency at the risk of increasing shame, fear, and decreased communication. As PWS and clinicians serving the stuttering community, the language we use impacts how goals take root in treatment and influence life's journeys. We will discuss ways to develop communication without struggle while approaching therapy as an individual journey that demands critical thinking from the therapist and helps PWS self-advocate in treatment.

SATURDAY 3:00PM - 3:30PM

Closing Ceremonies

(Grand Ballroom)

After the workshops have drawn to a close, but before we get ready to party, let's come together one last time to share what we've experienced during the past few days. Often regarded as one of the most moving moments of the conference, the Closing Ceremony provides a few speakers with a chance to share just how life-changing the time spent immersed in the stuttering community can be. Plus, the kids usually have a surprise up their sleeve. And a few lucky winners may take home some amazing raffle prizes.

The NSA is constantly seeking to grow and expand in order to better fit the needs of the wide variety of demographics that we serve within the wider stuttering community. Check out just a few of our specific efforts below!

THURSDAY & FRIDAY 7:00AM - 8:00AM



Yoga on the Beach

Sarah D'Agostino (South Beach)

Start off your first full day(s) at NSA on the right foot! Take a quiet moment before a busy day of workshops to do some yoga, turn inward, and reflect on the day(s) ahead. No past experience with yoga necessary — beginners are always welcome. Please come in comfortable clothes, and bring two towels and water with you.



NSA FIT

Tom Scharstein (Meet at Conference Registration)

The NSA Fit! program features structured daily activities such as group walks/runs, bike rides, fitness classes, and other opportunities to stay active.



FAMILY WORKSHOP SCHEDULE

WEDNESDAY 12:30PM - 1:15PM

Family Orientation & Icebreaker

Annemarie Whitesel, Emily Webb (Salon F)

This is a chance for all of the NSA families to gather together to kick things off at the conference! Parents, kids, tweens, teens, and siblings are all invited to break the ice, get to know each other, and have fun. You don't want to miss this!

WEDNESDAY 1:30PM - 2:45PM

Kids: Breaking the Ice!

Emily Webb (Salon K)

Welcome to the NSA Conference! In this workshop, you will get to know many kids who stutter as well as their siblings and know that, no matter what, you're not alone! Emily Webb, the NSA Family Programs Coordinator, is thrilled to have you join her, so we can all get to know each other through fun games and silly questions.

Parents: Opening Roundtable

Denise Deitchman, Kristine Short (Salon F)

This informal gathering will provide parents with the opportunity to openly explore questions and concerns in a safe and supportive environment with others who "get it."

Teens: Let's Meet Up!

Teen Advisory Committee (Salon C)

As the first full day of conference gets underway, we will come together for free-flowing, supportive conversation where you can share your thoughts, your hopes, and your fears about the conference or just life in general. This is an amazing opportunity to be with people who truly understand YOU!

Tweens: Break the Ice!

Dan Haus (Salon K)

Calling all tweens, ages 10 to 13! Not a kid anymore, but not a teen yet either? Well, this workshop is for YOU! Get to know other NSA tweens and get ready for all the NSA Conference has to offer.

WEDNESDAY 3:00PM - 4:15PM

Siblings (Kids/Tweens): Meet, Talk & Have Fun

Christopher Webb, Lydia Webb (Miami)

In this workshop, siblings will be able to meet, get to know each other better, play games, and build friendships. Siblings, be assured that you have a place at NSA conferences too!

Kids/Tweens: Fun & Games

Nina Zito, Sarah Onofri (Salon K)

Spend some time with Nina Zito and Sarah Onofri, previous Co-Chairs of the NSA Kids Programming Committee, playing games and having fun! We'll all get to know each other and play some big group games.

Teens: Our Stuttering Journeys

Matt Phillips (Salon C)

During this workshop, teens will break off into several small groups and explore what it means to be a "teen who stutters." With a few optional, guiding questions, teens will be able to discuss their experiences with stuttering and how it has shaped their lives, what their opinions of stuttering are, and how it has affected their identity. This workshop will allow teens to connect with other teens who stutter and have a space where they can share what they wish in a personal, small group setting.

WEDNESDAY 4:30PM - 5:15PM

Conference Kickoff!

Ocean Ballroom (1st Floor)

Whether you are with us for the first time or a returning long-time conference veteran, join us as we kick off the event! You will hear from both our leadership and passionate members as we welcome and prepare you for the 2018 Conference!

FAMILY WORKSHOP SCHEDULE

THURSDAY 7:45AM & 8:30AM

Family Chapter Leader Breakfast & Experience

(Salon A-C & Miami)

NSA support groups help PWS and their families navigate life by providing a forum to share experiences and challenges. Chapter Leaders set the tone for the Chapter and play a significant role in the strength of each group. This workshop provides an opportunity for Leaders to put their heads together to help each other lead well. Please join for an interactive and lively discussion about leading Family Chapters. Those considering starting a Family Chapter are welcome.

THURSDAY 9:00AM - 10:15AM

Parents/Tweens/Teens: Meet the Teen Advisory Council

Teen Advisory Committee (Salon G/H)

Come meet the teen leaders of the NSA! The Teen Advisory Council (TAC) will discuss issues related to growing up with stuttering and will answer questions from both parents and teens.

Kids/Tweens: Responding to Bullying & Teasing

Greg Snyder (Jacksonville)

Children who stutter often have to deal with big problems, including teasing and bullying. Because some people may not regard stuttering as a “real disability” and regard this teasing or bullying as less serious than teasing or bullying for other reasons, children may feel isolated when dealing with these types of aggression. This workshop will define teasing, bullying, and other forms of aggression and explore them from both the “bully” and “victim” roles. Practical strategies for dealing with aggression as well as setting personal boundaries and self-advocacy will be discussed.

THURSDAY 10:30AM - 11:45AM

General Session: “Why Me?” Stories of Understanding, Acceptance, & Embracing One’s Stutter

(Salon E)

“Why me?” is a question people who stutter often ask throughout different phases of their life. It’s also a question parents of a child who stutter wrestle with. In this unique NSA keynote experience, you’ll hear powerful and deeply personal perspectives on the effects of stuttering and how to conquer the challenges stuttering presents.

Kids/Tweens: Exploring Stuttering Through Art

Seth Whitesel (Jacksonville)

Come challenge your stutter through art by finding your least favorite part of your stutter and commanding it. Through creativity and discussion, we will delve deeper into accepting stuttering – with a special twist at the end.

Siblings (Kids/Tweens): Unleash Your Inner Artist

Ross Family (Miami)

Kids, get ready to let your creativity flow! Participants will rotate through a variety of art stations, completing different art pieces to take home to remember their experience at the conference. Kids should come ready to unleash their inner artists!

THURSDAY 1:15PM - 2:30PM

Tweens/Teens: Stuttering Through Your Lens - A Video Creation

Tiffani Kittilstved (Clearwater)

This is your chance to let your voice be heard and to tell the world how you feel and what you want people to know about stuttering! During this workshop, we will create a video about stuttering – from YOUR perspective. This video will be filmed using professional equipment and edited to create a PSA. It may be shared publicly, so parents just need let us know if they do not want their child’s footage in the video. (They can still participate, though!)

FAMILY WORKSHOP SCHEDULE

Kids/Tweens: Theater & Stuttering

Alexandra Hewitt (Jacksonville)

Come learn a little about the history of stuttering and theater – and engage in a variety of theater activities! Drama therapy can not only help your confidence, but can – over time – change how you stutter!

If I Knew Then What I Know Now: Q&A with an SLP & Parent

Anne Williams (Salon G/H)

This case-study presentation will explore the ins-and-outs of speech therapy from the perspective of both a parent and the speech-language pathologist who provided intervention. Each family's experiences is unique, but this interactive workshop should provide insights and takeaways for all parents navigating a child's speech therapy for stuttering.

THURSDAY 2:45PM - 3:45PM

Parents: Reconciling Parents' & Child's Goals for Fluency & Speech Therapy

Jennifer Stewart, Tiffani Kittlsved (Salon G/H)

Parents and children are not always on the same page when it comes to speech therapy and fluency. What happens when the parent wants to “fix” the stutter and expects the therapist and child to attain fluency, but the child doesn't share this goal? When parents' and children's therapy and fluency goals are misaligned, it can create conflict in the therapy room, and in the family; this can unintentionally send the message to the children that they are “broken.” This workshop will explore how these dynamics arise and how parents and children can navigate differences in their goals and priorities.

Parents: Taboo Topics in Stuttering

Monica Johnson, Anne Williams, John Tetnowski (Salon A-C)

This workshop is everything you wish you could ask about your stuttering but don't! Everyone has that one question that they wish they could ask but feel uncomfortable asking because it may be considered

taboo, forbidden, or embarrassing. Here, everything is on the table and nothing is off-limits. Participants are invited to join conversations exploring intimacy, awkward moments, depression, anger, disclosure, therapy, and more. Myths will be challenged, stories will be told, and questions will be answered. Come join us for a discussion where anything you say goes and everything you say matters!

Teens: Stuttering on Campus, A College Panel Discussion

Lydia Webb (Clearwater/Orlando)

What is college like for a person who stutters? A panel of five people, some currently attending college and others who have already graduated, will share what they have learned from their years in at a variety of different schools around the country. Parents, teens, and others who are curious about what the college setting is like for a PWS, this panel discussion is for you! Bring all your questions and learn from people who have already been there.

Tweens: You're Not Alone

Cathy Olish, Sarah D'Agostino (Jacksonville)

Stuttering is just a piece of who we are. In this workshop, we will learn just how many things that we thought were unique to us are really not by playing some fun get-to-know-you games – and share a few laughs along the way! We will explore some commonalities and differences, and break up into small groups for a fun discussion.

FRIDAY 9:00AM - 10:15PM

Siblings (Kids/Tweens): Game On!

Ashley Cravaritis (Miami)

This workshop will show siblings about communication, teamwork, and overall FUN! Life has many obstacles, but how you react to these challenges is the true test of character. Game On! is the perfect example of how we can work together in difficult scenarios by demonstrating reliability, trust, and support. Siblings will leave this workshop knowing that they can make an impact in the NSA and have a voice as well. No one is alone.

FAMILY WORKSHOP SCHEDULE

Kids/Tweens: Yes, I Can!

Chaya Goldstein, Mark O'Malia (Jacksonville)

Stuttering can sometimes make us feel like “I can’t.” In this workshop, we are going to find those “I can’t’s” and explore what it looks like to turn them into an “I can.” and “I will.” Utilizing Improv, creative movement, and somatic therapeutic modalities, we will use this hour to fill up our “Yes, I can.” tank and walk away with a renewed sense of permission to think, feel, say, and do the things we want to do.

Teens: Back To High School Essentials

Regan Goluba, Axel Diaz (Clearwater)

This workshop focuses on getting some of the fears one faces when entering and transitioning into high school under control. Through the use of dialogue with peers, attendees will gain and share new strategies which can be used in and out of the classroom. Attendees will form relationships with students going through similar situations, and will be more confident in the upcoming school year.

Tweens: Stuttering Jeopardy

Dan Haus (Tallahassee)

Do you think you know everything about stuttering? Now's your chance to test your knowledge against your friends! Stutterers and siblings will be working together to beat the clock and the other teams in this stuttering-related trivia competition. The team with the most points at the end of the game will be declared the champion and awesome prizes will be awarded.

FRIDAY 10:30AM - 11:45AM

Kids/Tweens: Sand Castle Building

Family Programs (Meet in Jacksonville)

Grab a bucket and a shovel, and show off your expert sand castle building skills! We'll supply the tools; Ft. Lauderdale will provide the sand! Just bring yourselves and your castle-building skills! Open to kids 10 and under only.

Tweens/Teens: Laugh It Off - Improv

Annie Hernandez (Clearwater)

Sometimes stuttering can weigh on you, leaving you feeling burdened. A good laugh can help to lift your spirits! This workshop will provide a light, fun atmosphere in which teens who stutter can bond through improv-themed games. Stuttering does not have to hold you back from sharing a laugh, letting loose, and having fun!

FRIDAY 1:30PM - 2:45PM

Parents: Stuttering Therapy Activities in the School Setting

Nancy Ribbler (Salon A-C)

School-based SLPs are constantly challenged with scheduling issues, paperwork demands, meetings, and large caseloads. Designing engaging and effective therapy activities for students who stutter can be overwhelming. This workshop will focus on providing participants with a variety of therapy activities based on a multidimensional approach to stuttering – incorporating cognitive, attitude, social, and motor components. Treatment strategies will include group-therapy techniques, working with teachers, involvement in support groups, techniques to promote transfer to the classroom, and strategies for dealing with teasing and bullying.

Kids/Tweens: NSA's Got Talent! Jr.

Tom Scharstein (Jacksonville)

Cheer on our incredible kids and tweens as they perform in their very own talent show! This is their opportunity to SHINE!

Teens: Depression & Anxiety in the Life of a Stuttering Teen

Lydia Webb (Clearwater)

Ever feel down or on edge? You're not alone. Lots of teenagers live with Depression and Anxiety, as well as with other emotional and mental health challenges, but many feel isolated and ashamed as

FAMILY WORKSHOP SCHEDULE

they navigate these difficult waters. Join a teenager who's struggled with Depression and Anxiety as she shares her personal story and engage in a discussion and Q&A with her and other teens. Supporting each other and realizing you're not alone can help. *PLEASE NOTE: This workshop will NOT be facilitated by a mental health professional, and no treatments or therapies will presented or recommended.*

FRIDAY 3:00PM - 4:00PM

Just for Dads

Seth Deitchman (Salon G/H)

Being a dad is a tough job and no matter how hard we try, parenting doesn't come with a manual; not even an IKEA one written in Swedish with diagrams and arrows pointing to the next step. Throw in a child who stutters and being "Mr. Fix-it" just doesn't apply. This workshop will provide space to talk about the challenges we face, to share what we've learned along the way, and to ask questions from other experienced dads. Maybe we'll even figure out how that Allen wrench can help us keep things together. All dads are welcome!

Just for Moms

Kim Mowery (Key West)

An opportunity to bring mothers of children (of all ages) who stutter together. This is our time to share information and support one another in our journey of parenting a child who stutters, and specifically in our unique roles as mothers. We'll discuss acceptance, visions for our children's futures, and working towards letting go. Join us for a discussion in a supportive and caring environment with just us moms! Wine and tissues will be provided.

Kids/Tweens: Scavenger Hunt

Family Programs (Meet in Jacksonville)

Wanna have some fun meeting new friends and searching for hotel items?! Our group scavenger hunt will pair you up with TAC teen leaders and adults as we explore new adventures together.

Parents: Stuttering in the Classroom, Considerations for Students & Faculty

Charley Adams, Aisha Haynes (Salon E)

Stuttering can present challenges and opportunities for both students and instructors who stutter. Both may have concerns about their ability to communicate clearly and on command. Students may worry about their grades and effective learning; instructors may worry about their evaluations and effective teaching despite the fact that effective communication does not depend on fluent presentation. This workshop will provide an opportunity to discuss these issues, as well as what resources and accommodations may be available, and suggestions that may help both students and instructors navigate the reality of stuttering on campus.

SATURDAY 9:00AM - 10:15AM

Parents of Adults & Young Adults Who Stutter: Roundtable

Eeva Stierwalt, Annette Onofri (Salon G/H)

This informal roundtable offers an opportunity for NSA Parents of adults and young adults who stutter to come together, share stories, and offer support to one another.

The Client/Clinician Relationship: Partnering for Success!

Susan Cochran, Jennifer Groh (Salon E)

This workshop is designed to assist audience members with acquiring strategies for developing and nurturing a healthy and productive relationship with their client/clinician, for the purpose of supporting and advancing the therapy process. Based on the research supporting that the client/clinician relationship is responsible for at least 30% of changes made in the therapy process, we will share and demonstrate five therapeutic situations where we (client and clinician) have combined the supportive variables that create and sustain a healthy client/clinician alliance (common factors).

FAMILY WORKSHOP SCHEDULE

SATURDAY 10:30AM - 11:45AM

General Session: Refining Courage to Face our Fears

Sharon Steed (Salon E)

None of us walk through life without some fear, doubt, insecurity, or shame. We all have something that's a soft spot; and that thing gives us pause and makes us wonder if we're good enough. Sometimes, we face our fears with confidence. But other times the courage we need eludes us, and we find ourselves back in that cycle of fear, doubt, insecurity and shame. So how do we cultivate that courage in the big and small moments of our daily lives? How do we speak with authority when we feel so small? And how do we live and stutter with confidence when we're paralyzed by doubt?

In this keynote, Sharon Steed will share the lessons she's learned from her life as a full-time public speaker who is also a stutterer. She'll take you through her journey of struggling with communication through her childhood; avoiding communication at all costs early in her career; and how stuttering on stages across the world gave her a genuine confidence that fluency never could.

SATURDAY 1:30PM - 2:45PM

Kids: It's Not Goodbye – It's See You Later

Emily Webb (Key West)

Did you have a blast this conference? Let the party continue at our closing workshop! We'll play games, talk, dance, and let your friends know what you loved most about this conference. Get ready to have fun and make some special memories that will last all year until NSA Conference 2020!

Parents: Closing Roundtable

Annemarie Whitesel (Salon G/H)

Some of the best days of your life are coming to an end (at least until next year!). Join us to share your conference experiences, what you've learned, and what you'll be taking home with you from the past few days!

Tweens/Teens: Closing Workshop

TAC (Jacksonville)

Some of the best days of your life are coming to an end (at least until next year!). Join us to share your conference experiences, what you've learned, and what you'll be taking home with you from the past few days!

SATURDAY 3:00PM - 3:30PM

Closing Ceremonies

(Grand Ballroom)

After the workshops have drawn to a close, but before we get ready to party, let's come together one last time to share what we've experienced during the past few days. Often regarded as one of the most moving moments of the conference, the Closing Ceremony provides a few speakers with a chance to share just how life-changing the time spent immersed in the stuttering community can be. Plus, the kids usually have a surprise up their sleeve. And a few lucky winners may take home some amazing raffle prizes.

EXTRA ACTIVITIES

Below is the information for the extra activities you booked when registering. **ONLY** the events that note a cost may still have space available. All other events are sold out.

WEDNESDAY, JULY 3RD

Beach B-I-N-G-O!

Time: 7:00PM-9:00PM (Ocean Ballroom)

Cost: \$20/Person (sold at door, space-permitting)

Traditional B-I-N-G-O with a beachy twist! Initial buy-in includes three bingo cards for each of the 10 games played, an NSA highlighter to use to mark your cards, and refreshments/snacks.

THURSDAY, JULY 4TH

Fireworks on the Beach

Time: After Dark

Cost: Free

No reservation needed, just enjoy the view!

FRIDAY, JULY 5TH

Kids Sand Castle Building

Time: 10:30AM-11:45AM

Cost: Free

Show off your expert sand castle building skills – all supplies included. Open to kids 10 and under only.

Pirate Cruise

Time: 7:30PM-10:00PM

**(Meet at Bahia Mar Hotel Dock Slip I-909
8 minute walk)**

Cost: SOLD OUT

Set sail with fellow NSA'ers on a 2-hour BYOB 'booze cruise' aboard a pirate ship on the Intracoastal Waterway and New River! 21 and over only with valid ID. Participants must supply their own drinks.

NSA StutterSlam

Time: 8:00PM-10:00PM (Key West/Palm Beach)

Cost: \$15

This slam, for ages 16+ will be your showcase, your place to have fun, be real, and share your spoken word. In three minutes or less, we want to hear what you have to say. Say it loud, say it proud, say it soft, say it real, "even if your voice shakes". No music, no songs, just the microphone and you speaking your truth! Limited to 20 performers.

SATURDAY, JULY 6TH

Beach Olympics

Time: 9:00AM-11:30AM

Banquet Cost: Free

Flex your skills, relay races, and other family team building events.

Closing Celebration & Charity Dinner

Time: 6:45PM - Banquet, 9:00PM - Dance

Banquet & Dance Cost: \$39

Dance Only Cost: \$20

Wrap up the conference in style! Join others as a community of old and new friends eat, drink, and dance the night away.

Banquet ticket sales end at 2:00PM on Friday. Inquire at registration for last-minute availability (meal choice may be limited). Dance tickets will be available at the door. Wristbands will be required to attend this event.

WEDNESDAY, THURSDAY, FRIDAY

Sunset Family Mini Sessions on the Beach

Time: Sunset

Cost: \$150

Book your time slot with Christy of Christina Marie Photography to capture some wonderful family photos while at the beach. A 20-minute session will get you seven images, with the option to buy more. christinamariemphoto@yahoo.com / 847-732-9382

WORKSHOP PRESENTER BIOS

Charley Adams is a speech-language pathologist and Clinical Assistant Professor at the University of SC. He specializes in stuttering and supervises therapy at the USC Speech and Hearing Research Center. Adams has been teaching graduate coursework on stuttering since 2000, and he has led the National Stuttering Association (NSA) Columbia, SC Chapter since 2001. In 2013, he received the award for the NSA's Speech-Language Pathologist of the Year.

Naiceli Almeida is a M.S.-SLP student in the Communication Sciences and Disorders Program at Florida International University.

David Alpuche is a photographer/entrepreneur from Mexico City. He loves taking photos, writing, reading, doing yoga, playing chess, and telling jokes. He also loves to talk: he is a five-time Speech Contest champion at Toastmasters, and regularly speaks at different universities to raise awareness about stuttering. David joined the NSA in 2011 and currently leads the Dallas Chapter. He was awarded "Chapter Leader of the Year" in 2017. His personal website is www.davidalpuche.com.

Kayleen Amarante is a M.S.-SLP student in the Communication Sciences and Disorders Program at Florida International University.

Vikesh Anand is the National President of the Australian Speak Easy Association and hopes to help more people who stutter in Australia. He works in technology but has been involved with the stuttering community since his first NSA meeting in November 2001. He says, "V-v-vikesh is just the way my name usually comes out. I don't have fear or anxiety; stuttering is just the way I'm wired."

Sivan Aulov was born in Vienna, Austria and moved to the United States at age six. She speaks four languages and considers herself an equal opportunity employer, stuttering in all of them. Finding the NSA in October of 2013 changed her life: the warm welcome and sense of community she found was transforming and continues to be so today. She co-led the Dallas, TX Chapter from 2016 to 2018.

Mark Baer is a speech-language pathologist and a person who stutters. He is an associate at the Sisskin Stuttering Center, and also works at an early childhood center in Maryland, where he treats young children with various speech and language needs. Mark loves being outside, spending time with family and friends, and traveling.

Liz Blake is a speech-pathologist and Board Certified Specialist in Fluency. She has a private practice in Palm Beach Gardens, FL and assisted in founding the Palm Beach TWST Chapter.

Michael Boyle, Ph.D., CCC-SLP is an Associate Professor in the Department of Communication Sciences and Disorders at Montclair State University, where he teaches graduate courses in Fluency Disorders and directs the Fluency Disorders Laboratory. He is a clinical speech-language pathologist and an active researcher in the area of stuttering. Dr. Boyle's research focuses on understanding the stigma associated with stuttering and promoting empowerment in people who stutter.

Annie Bradberry has been involved with the NSA for more than 38 years, including serving as Executive Director from 1993-2003. At this time, she's a member of the Development Committee and is Co-Regional Coordinator for the Southwest. She's also a past Chairman of the International Stuttering Association and currently serves on the Self Help and Advocacy Committee for the International Fluency Organization – as well as being a *Stutter Social* host. Annie is the Executive Director of a national non-profit in Southern California.

Nic Brow is a speech-language pathologist at the Sisskin Stuttering Center Boston office and at a special education school in Massachusetts. Nic completed an M.A. in Speech-Language Pathology at the University of Iowa and a B.S. in Communication Sciences and Disorders at the University of Vermont. He has conducted research with Dr. Barry Guitar on how temperament may influence the experience of stuttering, and with Dr. Patricia Zebrowski on acceptance of stuttering for teens. Nic is a person who stutters and is passionate about supporting individuals who stutter to achieve their self-defined communication goals and to enjoy talking with others. In his free time, Nic enjoys cooking, listening to radio-storytelling, and surfing.

Patrick Campbell is a PWS and a junior doctor living in Newcastle, England. He is a former British Stammering Association Trustee. He has an interest in how public and self-stigma intertwine to produce disability for people who stutter and how this debilitating process can be altered through seeing positive value in stuttering. Recently, Patrick has enjoyed attending improv classes in his spare time.

Gregory S. Chiarello is a partner at Outten & Golden LLP in New York, where he is Co-chair of his firm's Family Responsibilities & Disabilities Discrimination Practice Group. He also is a member of the Sex Discrimination and Sexual Harassment Practice Group. Mr. Chiarello represents employees in litigation and negotiation in a variety of employment matters, including discrimination, retaliation, and harassment claims; fair pay and equal pay claims; breach of employment and other contracts.

Geoffrey Coalson, Ph.D., CCC-SLP is an Assistant Professor in the Department of Communication Sciences and Disorders at Louisiana State University, and founding director of the LSU Stuttering Lab. His research focus is the contribution of phonological, phonetic, and linguistic factors to stuttering in children and adults. Dr. Coalson also teaches introductory and intensive courses in Fluency Disorders at LSU, and serves as the current Chapter Leader for the Baton Rouge Chapter of the NSA.

Susan Cochrane, M.A., CCC-SLP is Board Certified as a Specialist in Disorders of Fluency. She has worked in the public schools and as an adjunct professor. Susan owns Freedom To Speak, a private practice exclusively treating people who stutter. She has lectured nationally and internationally on the topic of fluency disorders. Susan has worked with people who stutter for 37 years.

Christopher Constantino lives in Tallahassee, Florida with his wife, Megan. He is a speech-language pathologist and Assistant Professor at Florida State University, where he teaches classes on Counseling and Stuttering. He researches the subjective experience of stuttering and its interaction with society. He is co-editor of the book, "Stammering Pride and Prejudice," which will soon be available from J&R Press. Chris enjoys riding bicycles and eating ice cream.

Ashley Cravaritis is 14 years old and a freshman in high school. She is the sister of TAC member, Lauren Cravaritis, a person who stutters. Ashley runs Track & Field and participates in Key Club, a club focusing on volunteerism and helping others.

Lauren Cravaritis is 18 years old and has been attending NSA conferences for five years. She's also been a member of the Teen Advisory Council for three years. Prior to her NSA involvement, Lauren lacked confidence, which led to poor communication skills. Since engaging with the NSA, her confidence and communication skills have grown tremendously. She was an energetic and eloquent first-timer at the 2015 Baltimore conference and has found, since then, that anything is possible!

Sarah D'Agostino has had so much love for the NSA and all of its people since she attended her first support group meeting and conference in 1999. She spends her time in Novi, Michigan "working hard and playing hard" with her husband and two tween girls. She makes her money as a mortgage closer and finds joy as a yoga instructor.

JD Daniel is 20 years old and beginning his junior year at the University of Kentucky. He is majoring in Marketing and has been serving on the Teen Advisory Council for three years. This will be his ninth NSA conference.

Derek Daniels is an Associate Professor in the Department of Communication Sciences and Disorders at Wayne State University in Detroit, MI. Derek provides clinical services for people who stutter, supervises graduate student training in stuttering, and is a person who stutters. Derek's research focuses on public perceptions of people who stutter, identity construction and self-image, and psychosocial experiences. He is widely published in these areas.

Denise Deitchman was born and raised in NY but relocated to the Atlanta area in 2005. She has a background in Direct Marketing and Advertising but has spent the last 13 years in the non-profit sector. Denise is a Co-Chapter Leader for the NSA Atlanta Family Chapter and recently joined the board of her Synagogue to focus on Leadership Development. She has been married to Seth Deitchman for 14 years and has two children, Jolie and Ben, and a beloved chocolate lab named Rocky.

Seth Deitchman was born and raised in Brooklyn, NY. He relocated to Arizona to earn his undergraduate degree from Arizona State and his MBA from the University of Phoenix before returning to NY. In 2005, Seth and his wife, Denise, moved to the Atlanta area, where Seth became a Financial Advisor with Morgan Stanley. Seth sits on two non-profit boards and is very involved in the Veteran community. Seth and Denise have been married for 14 years and have two children, Jolie and Ben, and a dog named Rocky.

Axel Diaz is from Parker Colorado and beginning his freshman year of college. He is very excited to share his life experiences of overcoming his stutter. Axel has never let his stutter discourage him from participating in school activities as he is heavily involved in DECA, FBLA, Cross Country, and Wrestling. This is Axel's third conference and he is ecstatic.

E Draine (pronouns: them/they) is a speech-language pathology student and activist based in Baltimore, MD, and also serves as a mentor in the NSA Mentoring Program. E attends Towson University and is majoring in Speech Language Pathology and Audiology, with a minor in Cultural Studies. Besides stuttering, E is interested in politics, art, and animal rights. They have been involved with the NSA since the Baltimore conference in 2015.

Charles Duke is Associate Professor and Doctoral Coordinator in the Department of Exceptional Student Education at Florida Atlantic University (FAU). His research interests include Special Education teacher education, conceptual change, development of social relationships for individuals with intellectual disabilities, and skill development for adolescents and adults with Autism Spectrum Disorders (ASD).

Jeff Fett is originally from Manistee, MI, and currently resides in Okemos, MI. He has been a PWS since the second grade. He has been the Lansing Area NSA Chapter Leader for six years and is the NSA's Central North Regional Coordinator. Professionally, Jeff is the Marketing Manager for America's Preferred Home Warranty in Jackson, MI. His marketing career has spanned 30+ years despite skepticism from critics who predicted stuttering and marketing were incompatible.

Ilya Filmus has been stuttering since the age of three. He was born in the former Soviet Union and, at age nine, immigrated to San Francisco, CA, where he currently lives. Ilya has been an attorney for more than a decade, and is the founder and partner of Infinity Law Group, LLP. One of Ilya's areas of expertise is employment law, including litigating wage and hour, harassment, and retaliation cases in the employment context on behalf of individuals and companies throughout California.

Danette Fitzgerald is a [formerly covert] PWS who has attended NSA conferences and chapter meetings since 2010. She is currently the Chapter Leader of the New Haven, CT Chapter. Danette is an optical engineer who works with space telescopes and scanning microscopes.

Cam Francek is a 30-something-year-old IT Professional and person who stutters from Royal Oak, MI. Cam previously served on the NSA Board of Directors as the Adult Programs Chair and has been attending NSA Support groups for over 10 years. In his free time he enjoys golf, weightlifting, hunting rare bourbon, and spending time with family/friends.

John Gamble earned a B.A. at the College of Wooster, and a Ph.D. at the University of Washington. His current position is Distinguished Professor of Political Science and International Law at Penn State Erie. He is the author of more than 100 publications. He earned the Kopp International Achievement Award and the Milton Eisenhower Award for Distinguished Teaching. His principal teaching interests are the European Union, International Law, and Treaties.

Ben Goldstein is an associate at the Sisskin Stuttering Center and a speech-language pathologist with Prince George's County Public Schools in Maryland. He served as the Co-Chapter Leader of the Rockville, Maryland NSA Chapter. He is a person who stutters and enjoys talking stuttering, traveling, and rooting for his favorite football team – the Baltimore Ravens.

Chaya Goldstein, M.A., CCC-SLP is a speech-language pathologist who stutters. She works at the American Institute for Stuttering (AIS) in New York City and co-leads the NSA Manhattan Adult chapter. She is deeply committed to stuttering advocacy in the schools, workplace, and the media.

Regan Goluba lives in Gilbert, Arizona and is a sophomore in high school. She is very involved in FFA and holds leadership positions within and participates in CDEs. She also rides horses hunter-jumper, and raises livestock. Regan loves public speaking and how the NSA has inspired her. She is excited for her fourth conference!

John Gomez is an SLP, part-time professor, and filmmaker. His feature film, WHEN I STUTTER, has played worldwide, been in 10 film festivals, and won seven awards. He is also an NSA Chapter Leader and loves to teach as well as learn about stuttering whenever he gets the opportunity.

Katie Gore, M.A., CCC-SLP is the founder and president of Speech IRL, a Chicago-based speech therapy and consulting firm specializing in stuttering and inclusive communication. She is the co-founder of Shared Voices, a Chicago-based non-profit stuttering community center. She teaches graduate coursework in stuttering at Rush University. Katie is a former member of the NSA Board of Directors and founder of the City of Chicago NSA Chapter.

Leah Graham is person who stutters. She is a newlywed who married her amazing wife, Erin, in October 2018! Leah is the new Leader of the NSA Charlotte Adult Chapter. She is interested in and regularly considers how stuttering intersects with the totality of her life and the impact it has on how she experiences the world. Her pronouns are she/her/hers.

Jennifer Groh is a person who stutters and has a passion for working with children and their families. She has attended four National Stuttering Association conferences. She has worked as a teacher's assistant and camp counselor.

Dan Haus is 21 years old and an upcoming senior at Penn State. He has been an active member of the NSA for over 12 years! He loves getting involved during the Conference: educating and presenting during workshops, and making sure everyone is having the best experience possible.

James Hayden is a New Orleans resident, writer, HLA Technologist, and person who stutters. He is the author of "Dear World, I Stutter" and has been published by a variety of media outlets. He has been a member of the National Stuttering Association (NSA) for nearly four years and has been the Chapter Leader for the New Orleans Chapter for a year and a half.

Aisha Haynes is the Assistant Director at the University of South Carolina Center for Teaching Excellence. She oversees the design, creation, delivery, and ongoing improvement of distributed learning (online and blended) delivery methods. She teaches technology courses for the University of South Carolina's College of Hospitality, Retail and Sport Management and at Palmetto College. Aisha is a long-standing member of the Columbia, SC Chapter of the NSA.

Annie Hernandez is 18 years old and a member of the Teen Advisory Council (TAC). This is her third conference. Through the TAC, Annie is committed to providing a safe atmosphere for all teens who stutter, especially for First-Timers. Her message to all teens who stutter, from First-Timers to Old-Timers, is simple: "If you are alive and breathing, then you are priceless – with or without your stutter."

Alexandra Hewitt struggled with the social anxiety and fear that accompanied her stutter when she was a kid, and she felt that it held her back. However, during her senior year in high school, an opportunity to mentor someone who stuttered provided an opportunity to feel confident and happy. Alexandra studied Early-Childhood Education at Montgomery County Community College and is continuing her ECE studies in the Disney College Program in Orlando, FL. She hopes to demonstrate that kids who stutter can become teachers.

Cary Hill has a B.S. in Human Services and lives in West Michigan, where she works in an adult foster care home for adults with developmental disabilities. Cary found the NSA in 2012 when she googled, "stutter support group" in an attempt to find community. Since then, she's become involved with the Grand Rapids NSA Chapter, attended two conferences, and found that committed and courageous community she sought.

Monica L. Johnson, M.S., CCC-SLP is a second year doctoral student at the University of Louisiana at Lafayette specializing in fluency disorders. She has practiced as a speech therapist for six years with a focus on adults and an emphasis on empowerment through education. She serves as an NSA Chapter Co-Leader and has presented at local, national, and international conferences.

Tiffani Kittilstved is an SLP in the Seattle, WA area. She has a special interest in stuttering, partially related to her own personal experience as a person who stutters. Tiffani also leads the NSA Seattle Family Chapter, serves on the NSA Young Adults Committee, and is the Family Programs RCC for the Northwest and Southwest regions. She holds a B.A. in Anthropology and is very interested in topics related to the stuttering identity and discrimination faced by PWS.

Kenny Koroll has been a PWS all his life. He served on the Board of Directors for the National Stuttering Association for five years and served on the American Board of Fluency and Fluency Disorders for two years. Kenny has been interviewed by *The New York Times*, *The Atlantic*, *The Chicago Sun Times*, and on *National Public Radio*. He is known for living an overt stuttering lifestyle and promoting the benefits of stuttering acceptance. Kenny works for the US Dept of Labor, Occupational Safety & Health Administration.

Hayden Lambert is a graduate of Vanderbilt University with a Master's degree in speech-language pathology, and works as an SLP in Seattle, WA. Hayden is currently the Seattle NSA Chapter Leader and has served on the Young Adults Committee since 2016. Hayden is also involved in Passing Twice, a group for LGBTQ+ people who stutter. He has been attending NSA conferences since 2011.

Courtney Luckman, M.A., CCC-SLP is a person who stutters and a speech-language pathologist at speech IRL in Chicago, IL, where she is the lead clinician on stuttering. Courtney has an active role in the stuttering community, chairing the Shared Voices junior board, as well as co-leading the City of Chicago NSA Chapter. This is her eighth NSA conference.

Jeff Maddox is from the Baltimore, MD area and is a graduate of Salisbury University. He works as a Human Resources Director and also helps with his family's dog rescue, Lonely Hearts Animal Rescue. Jeff attended his first NSA Annual Conference in 2011 and has been a member of the Young Adults Committee since 2016.

Gerald A. Maguire, MD is Professor and Chair of Psychiatry at the University of California, Riverside School of Medicine and has published widely on the medical treatment of stuttering. Dr. Maguire currently serves as the Chairman of the Board of Directors for the National Stuttering Association.

Nathan Mallipeddi is originally from Cupertino, California and currently attends the University of California at Los Angeles, majoring in Psychobiology and Political Science on the pre-medical track. Along with being a person who stutters, the Co-Chapter Leader in Santa Monica, and Adult RCC of the Upper Plains region, Nathan has been involved with stuttering awareness at UCLA and the greater Los Angeles area.

Eric Mandel is a speech-language pathology graduate student at the University at Buffalo, SUNY. Participating with his local NSA chapter has helped him appreciate how empowering it can be to work with the stuttering community and how enjoyable it is to help others to take control of their lives.

Chani Markel is a person who stutters, an SLP, and a certified children's yoga instructor. She currently works as an SLP in a public school in Harlem and at SAY: The Stuttering Association for the Young. She is very involved with the NYC self-help community and is thrilled to be back for her sixth conference! Chani enjoys combining her passions for yoga, mindfulness, and creative writing into speech-language pathology.

Natalie Martinez is a M.S.-SLP student in the Communication Sciences and Disorders Program at Florida International University.

Matt Maxon, M.S., CF-SLP is a speech-language pathologist for the San Leandro School District in California. He is a Bay Area native who has been leading the East Bay Chapter of the NSA for five years. When he is not working at schools, you can find him enjoying a peaceful hike, playing a video game, trying out a new restaurant, or being lazy with his three dogs.

Angela Medina, Ph.D., CCC-SLP is an Assistant Professor in the Communication Sciences and Disorders Graduate Program at Florida International University and the leader of the Miami Chapter of the National Stuttering Association.

Derek L. Mitchell is a writer, speaker, and person who stutters. Derek joined the National Stuttering Association (NSA) in 2013 and, since then, has hosted workshops at two international NSA conferences and now leads the NSA Atlanta Adult Chapter. Derek overcame a number of stuttering-related challenges to earn his MBA in International Business from Georgia State University, begin a successful career in IT project management, become an active member of Toastmasters, and join the National Speakers Association. Derek's ultimate goal is to use his experiences to inspire others to overcome fear and live life without regret.

Kim Mowery is the proud mom to two girls, Morgan, who is 13-years-old and a person who stutters and Kamryn, who is 10 years old. She is married to Chris and works as a Pediatric Nurse Practitioner in the Dallas area. This is her fifth conference, and she is so grateful for the support and the lifelong friendships that she has found in the NSA.

Heather Najman has been a part of the stuttering community for more than 30 years serving in roles such as NSA Chapter Co-Leader, workshop presenter, and co-host of the web hangout, "Stutter Social." Finishing her licensure as a psychotherapist and professional counselor, Heather provides individual and family therapy with a focus on Stress, Anxiety, and Trauma along with dealing with the effects of stuttering. And she loves to kazoo.

James O'Brien has been importing video door entry systems from Italy for more than 30 years. He has always believed in the power of communication and is a skilled salesman. He has a passion for cars and has, in the last ten years, begun flying helicopters. He is also a supportive and patient parent.

Robert O'Brien is an author (<https://justonemoredrive.com>) and educator living in Canada. He is originally from Dublin, and has stuttered since the age of six. For years, he focused on fixing his speech – trying speech therapy, acting, and public speaking to achieve that end. He became an English teacher and, in 15 years of teaching, has seen enormous development of his communication and leadership skills. He sees now that there is nothing to fix and believes that is a message worth sharing.

Mark O'Malia, M.S., CCC-SLP is a person who stutters and a speech-language pathologist at the American Institute for Stuttering (AIS) in New York City. Mark co-led an NSA Chapter in State College, PA while in graduate school at Penn State. He has deep respect for the empowerment that stuttering support and community can provide for people of all ages.

Cathy Olish-Maciejewski is from Grosse Ile, Michigan and works in HR at Ford Motor Company. She has been a member of the NSA for 21 years. She served on the NSA Board of Directors for seven years, is a former Chapter Leader, and has lead at least 60 workshops at NSA conferences. She loves spending time with her husband and two boys, working out, and photography.

Annette Onofri is the proud parent of Sarah Onofri, NSA Secretary and former Family Programs Co-Chair. They have been attending NSA conferences together since 2006.

Sarah Onofri serves on the NSA Board of Directors as Secretary. She is also a local Chapter Leader in Boston. She lives in Quincy, Massachusetts, where she teaches English as a Second Language at an elementary school. This is her 14th conference.

Mara Ormond learned about the NSA when she was a young Peace Corps Volunteer living in a tiny village in Senegal. She has been involved in the community of PWS in a variety of ways ever since. After a career in international affairs, during which she earned an MBA from the Yale School of Management, she now has a leadership coaching practice through which she helps professionals thrive in the workplace. She lives on the Eastern Shore of Maryland with her husband and daughter.

Matt Phillips is pursuing a double major in Speech, Language, and Hearing Sciences and History with a minor in Psychology at the University of Connecticut, where he will be a sophomore in the fall. Matt performs with the UConn Marching Band, Pep Band, and Symphonic Band. He is also active within the stuttering community, serving on the Teen Advisory Council and establishing the first NSA Family Chapter in CT. Matt hopes to meet you at the Conference!

Michele Prezzemolo is a M.S.-SLP student in the Communication Sciences and Disorders Program at Florida International University.

Erik Raj, Ph.D., CCC-SLP is an Assistant Professor and Clinical Supervisor in the Department of Speech-Language Pathology at Monmouth University. He works daily with children and adolescents with various communication difficulties. He regularly presents interactive workshops demonstrating how speech-language pathologists can use technology to motivate and teach students. His research focuses on exploring computer and Internet technologies and their implementation to speech-language therapy.

Cameron Raynes holds a Ph.D. in Anthropology and is a person who stutters and a writer. He teaches History and Creative Writing at the University of South Australia, and has had three books published, including a novel, "First Person Shooter," whose protagonist is a 15-year-old boy who stutters. The film rights to this work are currently under option by an Australian producer.

Nancy Ribbler is a Board Certified Specialist in Stuttering and Fluency Disorders. She has worked in speech pathology and fluency disorders for over 35 years. She is a full-time school-based SLP in Broward County School District in Florida and is an Adjunct Professor at Nova Southeastern University, teaching the Fluency Disorders Course. She served on the American Board of Fluency and Fluency Disorders, and has presented on stuttering disorders at the national, state, and local levels.

Tom Scharstein is the Adult Programs Chair of the National Stuttering Association.

Reuben Schuff, M.S., PE is an aerospace engineer, PWS, space enthusiast, juggler, Toastmaster, and author. His contributions include Family Chapter Leader with the NSA, FRIENDS workshops, Camp SAY West Coast, *Stuttertalk*, and ISAD online conferences. Reuben serves on the NSA Research Council, and is the consumer representative on the ASHA Fluency Disorders Board.

Laura Schuler has been the loving partner of a person who stutters for more than two years. She lives in Grayslake, IL, and has worked in IT finance for more than 20 years.

Jillian Scott is currently pursuing her Master's degree in Speech-Language Pathology at Florida Atlantic University. She received her Bachelor's degree at the State University of New York at Plattsburgh in 2018.

Caden Short is an incoming freshman at New York University and has stuttered for as long as he can remember. He enjoys playing football, baseball, and track and field for his high school's teams. Caden believes stuttering is neither something to be ashamed of, nor something to hide. He hopes to inspire others to become confident speakers and further engage with the NSA. Caden has been a member of the TAC for three years and is looking forward to his second year as the TAC Chair. He's grateful that stuttering provided him the opportunity to be a member of the NSA community and is looking forward to meeting new people and catching up with friends at his eighth NSA conference in Ft. Lauderdale.

Kristine Short and her husband, Steve, operate one of Arizona's largest catering and event companies and are parents to two teenagers, one of whom happens to stutter. Fort Lauderdale, Florida will be the eighth consecutive NSA Conference the Short family has attended.

Sam Simpson is a speech and language therapist, person-centred counsellor, supervisor and trainer (www.redefiningstammering.co.uk) living outside London, England. Sam has a particular interest in the disabled peoples' movement, the social model of disability, and stuttering activism. In her free time, Sam enjoys walking her dog, singing in a choir, and mindfulness meditation.

Vivian Sisskin, M.S., CCC-SLP, BCS-F is a Clinical Professor at the University of Maryland, an ASHA Fellow, and a Board Certified Specialist in Fluency and Fluency Disorders. She received the Excellence in Teaching Award from the University of Maryland, and ASHA's Media Champion award. She was named Speech-Language Pathologist of the Year by the National Stuttering Association. Ms. Sisskin served as Coordinator for ASHA's Special Interest Group 4 (Fluency), on the Boards of Directors of the National Stuttering Association and The American Board on Fluency and Fluency Disorders, and as Chair of ASHA's Council for Council for Clinical Certification in Audiology and Speech-Language Pathology (CFCC). She is on the Professional Advisory Board of the Stuttering Foundation, and is a faculty member for the Foundation's Mid-Atlantic and University Instructors Workshops. Sisskin is the book review editor for the Journal of Fluency Disorders. Her articles and workshops cover treatment for stuttering, atypical speech fluency disorders, and communication strategies in autism. She is the owner of the Sisskin Stuttering Center in the Washington DC area.

Greg Snyder, Ph.D., CCC-SLP is an Associate Professor of Communication Sciences and Disorders at The University of Mississippi. His areas of research include speech and stuttering science, and the use of motor theory and the neurosciences relative to the treatment of stuttering and other speech disorders. Other areas include the multi-modal nature of stuttering (stuttering in speech, sign, writing, typing, music, etc), as well as prosthetic and natural products stuttering management.

Joshua St. Pierre holds a Ph.D. in philosophy from the University of Alberta. He specializes in critical disability theory at the intersection of contemporary political, feminist, and communication theory. The overarching theme of his research is a critique of fluency. Joshua is also a co-founder of the *Did I Stutter* project, a knowledge-translation and activist community created by and for stutterers to embrace dysfluent voices and raise awareness of speech discrimination.

Jennifer Stewart is the parent of a daughter who was formally diagnosed with a long-standing stutter at the start of 2nd grade. She and her daughter see an SLP together weekly and attended a 1-Day Conference and the 2018 NSA Annual Conference. Her daughter also attended a camp for kids who stutter over the summer. They are active in their local NSA Family Chapter.

Eeva Stierwalt is the mother and supporter of Alexandra D'Agostino, a person who stutters. She is also the National Coordinator and Chair of the CSA (Canadian Stuttering Association).

Rivky Susskind, a person who stutters, originally chose the career of speech pathology as a way to "get rid of" her stutter, after which she would help others do the same with a kind of fairy-godmother-esque flair. Things didn't quite go as planned. Rivky's personal and professional stuttering paths have intersected in various ways, and she looks forward to delving more deeply into this important topic at her sixth stuttering conference this year.

Beth Tedoldi skipped happily through a 38-year teaching career – stuttering openly throughout – after graduating from Boston University with honors and earning an M.Ed. in Elementary Education. Before starting her teaching career (and also during a short break in her teaching career), Beth worked in Library Sciences as a Reserve Room Supervisor and as Evening Supervisor at the BU Law Library.

John A. Tetnowski is the Ben Blanco Endowed Professor in Communicative Disorders at the University of Louisiana-Lafayette. He has published more than 75 papers that have appeared in journals, book chapters, and proceedings papers with a concentration in fluency disorders. He has delivered more than 200 presentations at state, regional, national, and international conferences on five continents. He is a board certified fluency specialist, an active clinician, an NSA Chapter Leader, and an ASHA fellow.

Mitchell Trichon, Ph.D., CCC-SLP is a co-founder of *Stutter Social*, an Internet-based videoconferencing community. He taught for nearly 15 years, has over 10 peer-reviewed publications and has over 50 professional presentations, including a keynote at the 2018 Joint World Congress on Stuttering in Japan. He is currently on the Board of the International Stuttering Association. As a past NSA Board Member, he co-led the national network of adult support groups. Mitch also has a private practice.

Vince Vawter is a retired newspaper editor/publisher and has written two award-winning novels, *Paperboy* and *Copyboy*, which deal with his stuttering journey. They have been published in eight foreign languages.

Christopher Webb is the 20-year old brother of Lydia Webb, a 17-year old PWS. This is his sixth NSA conference, and he looks forward to the conference each year! Christopher loves soccer, musical theatre, and working at Chick-Fil-A.

Emily Webb is 19 years old and considers Lydia Webb her best friend. She enjoys playing with her dog, Rosie, and being outside. She has obtained her EMT certification and was recently named NSA Kids Programming Committee Chair.

Lydia Webb is a 17 years old, a PWS, a TAC member, and a Chapter Leader in Dayton, OH. She's a high school senior, studying ASL and Criminal Justice full-time at her local college. She loves singing and playing with her dogs.

JJ White is a 26-year old Program Manager from Dallas, TX. He works for a government contractor located in Tysons, VA and calls Northern Virginia home. JJ earned a Bachelor's Degree in Management Information Systems in 2015 from Penn State University, where he lettered in baseball for four years. He thanks his parents, sister, and friends for their support on his journey to become a compassionate communicator.

Annemarie Whitesel lives in Charlotte, North Carolina, and is the parent of two children. Her daughter Brittany is a person who stutters. After attending her first NSA conference in 2013, Annemarie returned to Charlotte and felt compelled to raise awareness and support for families of children and teens who stutter. As a result, Annemarie founded the Charlotte, North Carolina NSA Family Chapter, which she co-leads with her son, Seth. Shortly after starting the Family Chapter, Annemarie created NSA Carolina Day where each year, NSA Chapter members, their family, and friends from North and South Carolina can come together for a day of fellowship, fun, and celebration. Annemarie is truly passionate about families, stuttering advocacy, and NSA community outreach.

Seth Whitesel is 25 years old and is studying at Western Carolina University to become a 5th grade math teacher. He's been working with children for the past 12 years: volunteering in high school and working at summer camps and after-school programs. He is passionate about creating an environment of growth for kids. This is his fifth conference.

Marvin Wiley spent two decades avoiding speaking opportunities, paralyzed by the fear of what others would think if he stuttered in front of them. When he found himself having to choose between taking a Public Speaking class – which required that he give six speeches in front of his class – or changing his major, he changed his perspective and eventually embraced speaking openly. This led him to join Toastmasters eventually, and now he loves speaking!

Anne Zappi Williams, M.S., CCC-SLP, BCS-F is a private practitioner in Lafayette, LA and clinical instructor at the University of Louisiana at Lafayette. She has presented at ASHA, NSA Family Day, and LSHA, and serves as an NSA chapter Co-Leader and co-coach of an award-winning FIRST LEGO League youth robotics team.

Dale F. Williams, Ph.D., CCC-SLP, BRS-FD serves as Professor and Interim Chair in the Department of Communication Sciences and Disorders at Florida Atlantic University. His most recent book is *Shining a Light on Stuttering: How One Man Used Comedy To Turn His Impairment Into Applause* (The Brainary Press). Dr. Williams has coordinated the Boca Raton Chapter of the NSA since 1996.

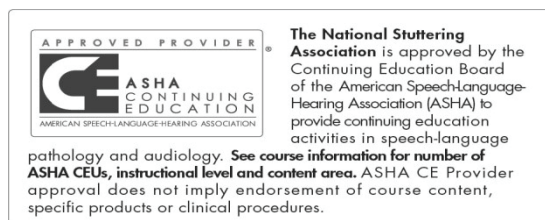
Marc Winski is a professional actor/singer/dancer in NYC. As a member of the stuttering community, he strives to give a voice and be an advocate for people who stutter in theatre/film/media/television. He recently appeared on an episode of “What Would You Do?” on ABC, where he portrayed a waiter who stutters. Marc has been a member of this incredible community for more than eight years and helped to reignite the new Manhattan Chapter of the NSA. “Live your unique truth.” IG:marcwinski

Elizabeth Wislar is a person who stutters and a teacher of students with disabilities. She lives in Athens, GA with her husband and daughter. She loves to run, cook, draw, read, and write. She is a Co-Leader for the Athens NSA Chapter and writes a blog about being a teacher who stutters.

Charity Yarzebinski, M.S. is a doctoral student at the University of Louisiana-Lafayette in the Department of Applied Language and Speech Sciences, where she studies the impact of stuttering on the lives of those who stutter. She has presented on stuttering at national and state conferences. She attends the Lafayette NSA Chapter.

Nina Zito is 30 years old and lives in Queens, New York, where she teaches elementary school. Nina has not let stuttering hold her back from pursuing her dream of becoming a teacher. She is the Chapter Leader of the NSA Queens Chapter. She encourages others to stutter beautifully.

Disclaimer: All descriptions of workshops were developed from materials provided by the presenters, although some were edited for length and clarity. The Conference Workshop Program is a forum for views and information about stuttering. The opinions expressed here are those of the individual presenter, and are not necessarily the opinions and/or views of the NSA, organizers, and/or co-sponsors of the NSA 2019 Conference. The NSA accepts NO responsibility for the accuracy of any opinion or information provided by any presenter, nor do we endorse or reject any therapeutic strategies, programs, or devices presented or discussed. The NSA does not endorse products, services, publications, medications, or treatments. Exhibitors at NSA sponsored events do not represent an endorsement by NSA, nor is it testimony by the NSA, as to the quality of the product exhibited or the validity of the exhibitor's claims.



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