



1-DAY

REGIONAL CONFERENCE

BOSTON

SATURDAY, MARCH 7, 2020

CONFERENCE: 8:30 AM – 4:00 PM (Family - \$39, Adult - \$29)

CEU WORKSHOP: 8:00 AM – 12:00 PM (CEU- \$59)

CONTACT

Sarah Onofri: BostonStutters@gmail.com

LOCATION

Boston University College of Health & Rehabilitation Sciences: Sargent College
635 Commonwealth Avenue, Boston, MA 02215



BOSTON

Join us for a day of workshops and activities for kids, tweens, teens, and adults who stutter and their families and friends. Attendees will have the opportunity to meet and learn from others who stutter, as well as respected professionals in the field, in a safe and supportive environment.

KIDS/TWEENS/TEENS	ADULTS (16+)	FAMILY/FRIENDS
8:30 AM REGISTRATION / BREAKFAST		
9:00 AM WELCOME / ICEBREAKER		
<p>9:30 AM Fun & Games, Getting to Know You [play games and have fun getting to know each other]</p> <p>10:45 AM This is What My Stutter Looks Like [put your creativity to the test and make a piece of art that resembles your stuttering]</p>	<p>9:30 AM Community & Facing Our Fears [explore the role of community related to being a person who stutters & our fears]</p> <p>10:45 AM Self Advocacy 101 [discuss different challenges & strategies for PWS with advertising & self-advocacy]</p>	<p>9:30 AM Sharing Stories [share experiences in supporting the people we love who happen to stutter]</p> <p>10:45 AM Stuttering 411 [learn more about stuttering directly from a Board-Certified Fluency Specialist]</p>
12:00 PM LUNCH		
<p>12:45 PM Stuttering & Art [play games, create art, have fun with stuttering]</p> <p>2:00 PM Get Loud! [discover all the fun things our voices can do]</p> <p>3:15 PM Closing Time [reflect on what we've learned & what we can take home]</p>	<p>12:45 PM When I Stutter [join a screening & discussion of this powerful film]</p> <p>2:00 PM Acceptance & Commitment Training [learn about this mindfulness & acceptance-based approach]</p> <p>3:15 PM Your Voice Matters [explore vocal production & the importance of our voices]</p>	<p>12:45 PM When I Stutter [join a screening & discussion of this powerful film]</p> <p>2:00 PM Let's Talk About It: Advocacy [learn more about how to support & advocacy]</p> <p>3:15 PM Where We Go From Here [reflect on what we've learned & what we can take home]</p>
3:45 PM WRAP UP		



CEU WORKSHOP WITH COURTNEY BYRD:

Focusing on Communication Competency Rather than Fluency: Targeting What Matters



7:45 AM – 8:00 AM REGISTRATION & BREAKFAST

8:00 AM – 12:00 PM CEU SESSION

One of the most common treatment goals for stuttering is for the person who stutters to increase their ability to speak fluently. However, this goal is anchored to a pervasive misperception that effective communication requires fluent speech. This CEU workshop will focus on targeting communication effectiveness in a manner that promotes measurements of success for children, teens, and adults who stutter that move beyond the standard target of decreases in stuttered speech to increases in distinct communication competencies. Participants will learn how to empower persons who stutter of all ages to speak confidently, communicate effectively, and advocate meaningfully, such that the overall quality of their lives, and the extent of their future aspirations are not defined by whether or not they stutter when they speak.

Optional: 12:00 PM – 2:00 PM LUNCH & FILM SCREENING/DISCUSSION

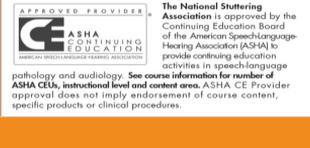
When I Stutter is a documentary that reveals the humanity that exists within an often mysterious malady. Over the course of 4.5 years, director John Gomez, chronicled the lives of 19 people who share stories about how stuttering has impacted their lives.



As a result of this session, participants will be able to:

1. Learn the competencies that are core to effective communication.
2. Learn how to teach and evaluate these core competencies and the impact on the speaker and listener.
3. Learn how to describe and demonstrate the most effective use of self-disclosure as a treatment technique for children, teens, and adults who stutter and the impact on speaker and listener perceptions.

This course is offered for 0.40 ASHA CEUs (Intermediate level, Professional area)



DR. COURTNEY T. BYRD

Dr. Byrd is a Professor, Associate Chair, and Graduate Advisor in the Department of Communication Sciences and Disorders at The University of Texas at Austin. She is also the Founding Director of the Michael and Tami Lang Stuttering Institute.

DIANE CONSTANTINO

Diane is a Clinical Associate Professor at Boston University and director at The Center for Stuttering Therapy at BU. As an ASHA Board Certified Fluency Specialist, she mentors graduate students and practicing clinicians.

NICHOLAS BROW

Nic is a Speech-Language Pathologist at the Siskin Stuttering Center's Boston office and also at a special education school in Massachusetts. He is a person who stutters.

LIZ GÓMEZ

Liz is the parent of a child who stutters. She and her children have been members of the NSA since 2016, and she co-leads the NSA Boston Family Chapter. Liz also teaches high school Spanish.

EDMUND METZOLD

Edmund has been a member of the NSA since 2015 and co-leader of the NSA Boston Adult Chapter. He works as a software developer for a healthcare company.

SARAH ONOFRI

Sarah is Secretary on the NSA Board of Directors and co-leader of both the NSA Boston Adult Chapter and Family Chapter. She teaches English as a Second Language at an elementary school.

JULIE NORTH

Julie is a mother of two grown sons who have stuttered since childhood. She and her family have attended national NSA conferences for many years.

PRESENTERS

REGISTER ONLINE WESTUTTER.ORG

Enrollment is limited due to space restrictions, so please register early. In the event of a cancellation due to insufficient enrollment, all registrants will be emailed or called and payment reimbursed.