LOCAL NSA CHAPTERS

With more than three million Americans sharing the common experience of stuttering, the National Stuttering Association (NSA) plays a vital role in letting people who stutter know that they are not alone. As the world’s largest self-help group for people who stutter, the NSA provides support and information to the stuttering community through a variety of programs and services, instilling the sense of self-worth so often missing in the lives of those who battle this disorder.

With supporters worldwide and nearly 200 chapters throughout the United States, the NSA provides information about stuttering, increases public awareness of stuttering, serves as a support and advocacy group, and is a referral organization for speech therapy sources throughout the United States. Our support groups provide attendees with the opportunity to share fears, frustrations, and triumphs; practice therapeutic techniques to help control stuttering in a safe and supportive environment; engage in speaking experiences they might shy away from in their daily lives; and, perhaps most importantly, assist others in achieving these goals. The NSA’s regular chapter meetings have been helping for decades because they work.

Founded in 1977, the NSA is the largest self-help and support organization for people who stutter in the United States. We have worked to improve the lives of people who stutter and their families, whether that is changing the life of one individual or raising awareness of stuttering throughout the nation and the world.

Surveys have shown that people who attend support groups through the NSA and the Annual Conference:

• Develop more self-confidence and positive attitudes towards speaking and stuttering
• Have fewer problems at work and in school because of stuttering
• Are less likely to avoid speaking situations or feel embarrassed about stuttering
• Have more successful speech therapy

The National Stuttering Association is a 501(c)(3) nonprofit organization. Since 1977, we have dedicated ourselves to bringing hope and empowerment to children and adults who stutter, their families, and professionals through support, education, advocacy and research.
IF YOU STUTTER, YOU ARE NOT ALONE
THOUSANDS HAVE BEEN HELPED

DO ANY OF THESE ISSUES SOUND FAMILIAR? NSA CHAPTERS CAN HELP

• Saying your name
• Answering the telephone
• Asking questions in class
• Giving your order to a waiter
• Career advancements
• Communicating with friends and family
• Introducing yourself to others
• Expressing feelings
• Speaking to authority figures
• Asking directions
• Expressing how you feel about yourself
• Giving a presentation
• Striking up a conversation

EVERYDAY LIFE
We offer more than just hope. Wishing stuttering away doesn’t do it. You must become involved. Those that help themselves get results.

When you participate, you benefit. You don’t just attend chapter meetings, you are a part of the chapter meetings. You will find you are soon helping others, a good sign that you are helping yourself.

SO MUCH CAN BE DONE
As you increase your knowledge and understanding of stuttering, you will gain the tools to create increased opportunities for your long-term success.

KIDS & TEENS WHO STUTTER
We offer an extensive network of local chapters specifically for our NSAKids (ages 7-12) Teens (ages 13-17) and Families (ages 7-17) with breakouts for their parents, family members, and SLPs.

YOU ARE NOT ALONE
Chapter meetings provide a safe haven to share feelings, work on speech, and learn that you are not alone. By joining the NSA, you are surrounded by people who understand and care about you.

THE LATEST RESEARCH
Because the NSA’s membership includes speech language pathologists and top researchers in the field, the NSA has access to the latest developments in stuttering, which is passed on to chapters.

PRACTICAL WORKSHOPS
Our local workshops provide increased skills and confidence in facing difficult speaking situations. There is no substitute for the support of others who share your experiences.

BECOME INVOLVED
Simply visit WeStutter.org/Chapters, enter your address/zip code in the location box, select your preferred radius, and click ‘search’ to find the chapters nearest you. Alternatively, select your state or region from the list provided to see all chapters in your area.

NO LOCAL CHAPTER
Consider starting one in your area! It’s easier than you might think, and we help you every step of the way. Contact us today to get started.

WESTUTTER.ORG