

**Title** Improving quality of life for adults who stutter through an online self-compassion intervention: A pilot study

**Primary Researcher(s)**

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The Bodner Developmental Stuttering Lab and the Michael and Tami Lang Stuttering Institute at UT is looking for adults who stutter (18 years old or older) to participate in a research project. The purposes of this research project are to 1) investigate potential speech, language, psychosocial, cognitive, and motor contributions to stuttered speech production, and to 2) evaluate speech-language pathology treatment methods and clinical training tools specific to fluency disorders. Participation in the present study is completely voluntary.

The study will be completed across 8 separate sessions, each lasting about 1 hour. All research activities will take place electronically and remotely on the device of your choice. If you are interested in participating, or have any further questions, please contact the Michael and Tami Lang Stuttering Institute by phone at (512)-475-6174 or by e-mail at [UTstutteringresearch@gmail.com](mailto:UTstutteringresearch@gmail.com).

*This study has been approved by The University of Texas at Austin Institutional Review Board.*