



# NATIONAL STUTTERING ASSOCIATION

## 2024 ST. LOUIS DAY AT A GLANCE

### Wednesday, July 3rd

10:00 AM – 5:00 PM	WELCOME TO ST. LOUIS - LET'S GO! (Registration opens)									
	MIDWAY 5	MIDWAY 6	MIDWAY 7	MIDWAY 8	MIDWAY 9	MIDWAY 10		MIDWAY 1-2	MIDWAY 3	MIDWAY 4
1:30 PM – 2:45 PM		Let's Break the Ice (Ernst)* (Regency Ballroom)				Young Adult Icebreaker (YA Committee)		Parents: Welcome (Nover/Onofri)	Kids/Tweens: Break the Ice! (Haus/Webb)	Teens: Icebreaker (TAC)
3:00 PM – 4:15 PM	Open Microphone Kickoff (Lovett)*	First Timer Welcome (First Timer Team) Regency Ballroom	Building Bridges: Helping SLPs Becoming More Confident (Margulis)*		Dating as a Person Who Stutters (Anderson/Marshall-Cort)			Parents: Opening Roundtable (Nover/Deitchman)		Teens: Stuttering in the Small Stuff (G. Reinstein)
4:30 PM – 5:30 PM	CONFERENCE KICKOFF: You've officially arrived, so let's get this party started! (Regency Ballroom)									
Evening Events	Trolley Tour (Meet in Hotel Bar area at 6:45) 7:00 PM - 9:00 PM			Soccer Game (Meet in hotel bar area at 6:30) 7:30 PM - 10:30 PM		BINGO (Midway Pogram room) 8:00 PM-9:00 PM				

### Thursday, July 4th

	MIDWAY 5	MIDWAY 6	MIDWAY 7	MIDWAY 8	MIDWAY 9	MIDWAY 10	REGENCY	MIDWAY 1-2	MIDWAY 3	MIDWAY 4
Coffee & Muffins 8:30 AM - 9:00 AM Registration Area	8:00 AM-8:45 AM RCC/CL Breakfast (Pegram)	*The Postsecondary Educational Experiences of SLPs Who Stutter (Panel)	8:30 AM Stuttering Sober: Daily Check-in for the Sober Curious with Erin Williams	8:30 AM Spouse/Partner Check-in (Tammy/Leiha)	8:00 AM - 4:15 PM Conference Registration, NSA Store, and Silent Auction Open					
9:00 AM – 10:15 AM	Adult/Family Chapter Leader Interactions	The Importance of Staying Connected (Older Adults)	*The Postsecondary Educational Experiences of SLPs Who Stutter (Panel)	Body Mobility for Relaxation and Stress Reduction (Fogel)	What You Can Learn From Journaling Your Stuttering Journey (Mahlmann)	Gene Discovery, Function and the Whole Body (Kraft)*	Open Mic (Minton)	Body Mobility for Relaxation and Stress Reduction (Fogel)	Kids: We Are Stamily (Williams/Jordan/Florenza)	Tweens/Teens/Parents: Meet the Teen Advisory Council (TAC)
10:30 AM – NOON	NSA Storytellers Series* Dr. Sandra Russell-Smith, Jim McClure, Matt Maxion Regency Ballroom							Teens: Just for Guys (Russell Stevens)	Kids/Tweens: Fun and Games with the NSA (Koprowski)	Teens: Just for Girls (Mowery)
NOON – 1:30 PM	Explore the various dining options right outside our back door! Whether you're craving hamburgers, chicken fingers, sandwiches, or tacos from the Taco Truck, or prefer a sit-down meal at the Sports Bar, St. Louis Union Station Hotel has something for everyone.									
1:30 PM – 2:45 PM	Own Your Story! Healing the Wounds of Stuttering (Mendoza)	Why Do We Hide? Exploring Covert Stuttering (Jared, Adams, Wallace)	Passing Twice: LGBTQ+ Persons Who Stutter (Tran/Horak)		Using Technology to Assist in Stuttering Therapy (Telnowski)*	Learning 'Rizilliance' with a Stutterer (Webb & Joyce)	Empowering Communication Through Debate: How to Defend Your Hot Takes (Franchini)*	Parents: Supporting Stuttering Can Be Your Superpower: A Tutorial (Root)	Kids/Tweens: Stuttering Jeopardy (Haus)	Teens: College Applications & Admission as a PWS (Karr)
3:00 PM – 4:15 PM	The Language We Use (Malina/Horak)*	First Timers Open Mic (Lynn)	Stuttering in Literature & Media: The Good & The Ugly (Jordan)	LEAVE OPEN	Taking Up Space: Women Who Stutter (Mertz, Ayoub, Ayala)	Stuttering, Shame, and Struggle: Oh My! A Path of Healing (Najman)	Strategies for Successfully Navigating Job-Related Challenges (Dew)*		Kids/Tweens and their Parents: NSA Family Olympics	Teens & their Parents: I Have an IEP and I'm Graduating from High School... What's Next? (Jodi)
Evening Events	Older Adults Happy Hour & Zoom Session 5:00 PM- 6:00 PM Midway 5		SLP Happy Hour 5:00 PM - 6:30 PM Midway 6	Stuttering in the Military 5:00PM to 6:00PM Lobby Bar	Spouse, Partner, and their PWS Happy Hour 5:00 PM - 6:00 PM Midway 7		STUTTER SLAM 10:00 PM - 12:00 AM Midway 6		Teens: Outing - Food trucks, Ice Cream Shoppe, etc.	

### Friday, July 5th

	MIDWAY 5	MIDWAY 6	MIDWAY 7	MIDWAY 8	MIDWAY 9	MIDWAY 10	REGENCY	MIDWAY 1-2	Midway 3	MIDWAY 4
Coffee & Muffins 8:30 AM - 9:00 AM Registration Area	SUNRISE YOGA (PEGAM) 7:00 AM - 7:45 AM (Mowery)	8:30 AM First Timer Check In	8:30 AM Stuttering Sober: Daily Check-in for the Sober Curious with Erin Williams	8:30 AM Spouse/Partner Check-in (Vanessa/Leiha)	8:30 AM - 4:30 PM Conference Registration, NSA Store, and Silent Auction Open					
9:00 AM – 10:15 AM	No One is Perfect (Anderson/Marshall-Cort)	Open Mic (J. Williams)	They Hear Our Voices - For Parents Who Stutter (Koprowski)	Cluttering Assessment, Therapy Considerations, and a Case Review (Krause)*	*Stuttering Variability: What We Know, What We Don't Know, and What We Can Do About It (Krause)	Your Right to Reasonable Accommodations (North)	Personal & Professional Compromises We Make As PWS (Tyler, Pahl)	Parents: A Chance to Connect - Drop-In (Deitchman/Kaczmarek)	Kids/Tweens: Stuttering Snowball (Nover Family)	Teens: Stuttering, School & Extracurriculars (Reinstein, Fonseca, Linardon, Helfand)
10:30 AM – NOON	NSA Storytellers Series* Denise Deitchman, Adam Karr, Cameron Joyce, Ezra Horak Regency Ballroom								Kids/Tweens: Scavenger Hunt (H & M Haus)	
NOON – 1:30 PM	Explore the various dining options right outside our back door! Whether you're craving hamburgers, chicken fingers, sandwiches, or tacos from the Taco Truck, or prefer a sit-down meal at the Sports Bar, St. Louis Union Station Hotel has something for everyone.									
1:30 PM – 2:45 PM	Speaking on the Spot (Tran/Alpuche)	Unlocking the Secret World of Men Who Stutter (Flynn/Bowers)	Acceptance and Commitment Therapy for Stuttering (Wade)*	LEAVE OPEN	How We Listen (Smith)	LEAVE OPEN	Neither Here Nor There: Intersectionality and Stuttering (Daniels)*	Parents: What We Wish Our Parents Knew (Panel)	Kids: Sing Along Dance Party (N & C Linardon) Midway 10	Tweens/Teens: Speaking Truth: Sharing Stories in the Face of Bullying (Simmer)

<b>3:00 PM – 4:15 PM</b>	Younger Adults and Older Adults: Bridging the Generation Gap (Panel)	Stuttering and Humor (Flynn)	Stuttering While Black 2.0 Pushing to Purpose (McLeod)	Siri, L-L-Listen to Me!: Increasing Accessibility of Voice-Activated Technology (Bin, Yoness!*)	Covert Open Mic	<b>Parents:</b> Just for Moms (Deitchman/Kaczmarek)	<b>Parents:</b> Just for Dads (Holmes/Gioscia)	<b>Kids/Tweens – Siblings:</b> Unleash Your Inner Artist (Ross/Abadiotakis)	<b>Kids/Tweens who Stutter:</b> This is What My Stutter Looks Like (Draine)	<b>Teens Social Hour</b>
<b>Evening Events</b>	Parents Happy Hour 4:30 PM-6:00 PM Hotel Lobby Bar		Riverboat Cruise 6:30 PM - 8:30 PM (Meet at hotel lobby)		Karaoke 9:00 PM-12:00 AM Regency Ballroom	TRIVIA 7:00 PM - 9:00 PM Midway 5			<b>Teens</b> Outing - Food Trucks/MiniGolf/Ropes Course	

<b>Saturday, July 6th</b>	<b>MIDWAY 5</b>	<b>MIDWAY 6</b>	<b>MIDWAY 7</b>	<b>MIDWAY 8</b>	<b>MIDWAY 9</b>	<b>REGENCY</b>	<b>MIDWAY 1-2</b>	<b>MIDWAY 3</b>	<b>MIDWAY 4</b>
Coffee & Muffins 8:30 AM - 9:00 AM Registration Area	SUNRISE YOGA (PEGRAM) <b>7:00 AM - 7:45 AM</b> (Mowery)		<b>8:30 AM</b> Stuttering Sober: Daily Check-in for the Sober Curious with Erin Williams	<b>8:30 AM</b> Spouse/Partner Check-in (Vanessa/Leila)	<b>8:00 AM - 4:00 PM Conference Registration, NSA Store, and Silent Auction Open</b>				
<b>9:00 AM – 10:15 AM</b>	Stuttering at Work (Machnica & Joyce)	Finding the Right SLP (Stevens/Molino)*	Empowering SLPs: Building Cultural Proficiency for Inclusive Patient Care (Welborn)*	The Look - Overcoming Shame and Guilt (Levatter)*	How To Find Your Person: Foundations for Romantic Relationships (Coffey/Panel)	Open Microphone (McClough)	<b>Parents:</b> A Chance to Connect - Drop-In (Deitchman/Kaczmarek)	<b>Kids/Tweens:</b> Creative Corner (Deitchman/Stuckey)	<b>Teens:</b> After the Conference (Holmes)
<b>10:30 AM – NOON</b>	NSA Storytellers Series* Ashleigh Givens, David Alpuche, Tim Flynn <b>Regency Ballroom</b>						<b>Kids/Tweens – Siblings:</b> Message in a Bottle (Webb)	<b>Kids/Tweens Who Stutter:</b> This is ME! (Ross/Abadiotakis)	
<b>12:00 PM – 1:15 PM</b>	Explore the various dining options right outside our back door! Whether you're craving hamburgers, chicken fingers, sandwiches, or tacos from the Taco Truck, or prefer a sit-down meal at the Sports Bar, St. Louis Union Station Hotel has something for everyone.								
<b>12:45 PM</b>	<b>LAST CHANCE TO PUT YOUR BID IN - SILENT AUCTION CLOSES</b>								
<b>1:30 PM – 2:45 PM</b>	First Timer Closing Open Mic (Ots)	<b>Parents:</b> Closing Roundtable (Nover/Deitchman)	The Power and Importance of Counseling and Connecting (Panico)*	BIPOC 3.0 (Lambert/Panel)	Young Adults Closing Mic - The Floor Is Yours	General Closing Open Mic	<b>Kids:</b> Closing (Webb)	<b>Tweens:</b> Closing (Haus)	<b>Teens:</b> Closing (IAC)
<b>3:15 PM – 4:00 PM</b>	Closing Ceremonies (Conference Wrap-up) Regency Ballroom								
<b>6:45 PM – Midnight</b>	<b>Banquet and Dance</b> Grab your friends, old and new, and get ready to dance the night away! - 6:45 PM Cocktails in the Foyer, Grand Ballroom Doors open at 7:00 PM. Ticket will be required for the entirety of this event.								

\*Asterisk = CEU-eligible