

Research Opportunity at Michigan State University

Are you curious about the impact of mindfulness on your experience of stuttering? Participate in a research study conducted by the Department of Communicative Science and Disorders at Michigan State University! They are seeking adults who stutter, aged 18 and above, without previous mindfulness training (such as meditation). The study compares mindfulness in adults who stutter with those who do not stutter.

As a participant, you'll complete questionnaires on demographics, mindfulness, repetitive negative thinking, attentional characteristics, experiential avoidance, and the experience of stuttering. The study will take approximately 30-45 minutes to complete.

To learn more, please email Megan Arney at arneymeg@msu.edu. Thank you for your interest!

**This study has received exemption under 45 CFR 46.104(d) 2(ii) from the Human Research Protection Program at Michigan State University.*