

Dear _____ ,
(teacher's name)

I am excited/glad/nervous to be in _____ grade and I wanted to tell you a little something about myself!

My favorite subject is:

On the weekends, I like to:

Also, I stutter. Most people do not know much about stuttering so I wanted to share some facts and let you know what helps me in the classroom.

Did you know that about 1% of the population stutters? It's true! That means over 3 million Americans stutter. Some famous people who stutter are:

People do not stutter because they are nervous, but sometimes stuttering can make them feel nervous when it is time to talk. There are a few actions you can take as a teacher to make classroom time easier for kids who stutter. **Here are a few things that help me:**

1. When it is time for me to read aloud or answer a question, it helps when:
2. When it is time to give a classroom presentation, it helps when:
3. Another thing that helps me is:

I will do all of the work that my classmates do. I want to speak out, share my thoughts with the class and show you what I know. **It helps me to know that you are on my side.** Please tell me if you are okay with these ideas by talking with me or giving me a thumbs up. Thank you!

Sincerely,

Created By: Tricia Hedinger, MC, CCC-SLP, BCS-F