

Workshop Title	Brief Summary of the Presentation	Your Bio/Disclosure	Additional Presenter
Opening/Purpose/Overview of Program ~ Saturday Closing/Wrap Up	Whether this is your first NSA event, or you're a returning, long-time NSA'er, join us as we kick off our Annual Conference! You will hear from our Board Chair, Kristine Short, as we welcome you to the Conference. We will go over the purpose of why we have gathered and review what the program will look like moving forward.	Kristine Short (along with her husband) owns and operates one of Arizona's largest catering companies, is the mother of two young adults, one of which happens to stutter. Financial; No relevant nonfinancial relationship exists. Non-financial: Chair (volunteer) of NSA Board of Directors	
Stuttering on the Page	Writing can be a cathartic way to cope with strong feelings about our stuttering. Different activities and exercises will help us voice our experiences and build community.	Adam Gianelli is a person who stutters and award winning poet. He has been many published articles, Adam has been a counselor and teaching artist at Camp Say. Financial: None to disclose /Non-financial, None to disclose	Derek Daniels is a person who stutters who is a SLP. He is also an university associate professor. He is a member of a creative arts organization and regularly participates in creative writing workshops. Financial: Receives salary from MSU /Non-financial, none to disclose
Waiting to Exhale	That moment, that single moment when everything stops. Breathless. Restlessness. Apprehension. Anticipation. Fluttering pounding heart. We are always waiting for the next stutter; for something to happen...we are waiting to exhale.	Heather Najman has been a part of the stuttering community for more than 30 years. She has been a frequent workshop facilitator, as well as a NSA Chapter Leader and Stutter Social host. Her professional work as a Psychotherapist better able to work with emotions associated with stuttering. Financial: None to disclose /Non-financial, None to disclose	Annie Bradberry served as NSA Executive Director from 1993-2003, and in many other capacities. She also served as past Chair of the ISA and currently serves on the Self Help and Advocacy committee for the IFA. Annie's full-time job is Executive Director of a national non-profit in Southern California. Financial: None to disclose /Non-financial, None to disclose
Pandemic impact on PWS and SLPs	People who stutter, as well as speech-language pathologists were impacted by the COVID 19 pandemic. From social distancing, to wearing a mask, to an expansion of teletherapy services, the pandemic has changed service delivery models and how people communicate. This workshop will report on the results of how speech-language pathologists and people who stutter were impacted by the pandemic. Outcomes from speech-language pathologist interviews, quantitative and qualitative results of a mask study, and initial results from self-help groups operating in a pandemic will all be presented.	John A. Tetnowski has over 25 years of clinical experience and is a board certified fluency specialist. He has published over 80 manuscripts in fluency disorders and research methods and is an ASHA Fellow. Financial Disclosure: John Tetnowski is paid a salary from Oklahoma State University and receives a stipend through the Jeanette Sias Endowed Chair fund. Non-Financial Disclosure: John Tetnowski is a chapter leader for an NSA local chapter. He is also the editor of ASHA's Perspectives in Fluency and Fluency Disorders.	
Normalizing Stuttering in the Classroom	This presentation highlights specific therapy approaches and activities that prepare school age children who stutter for self-disclosure in a school setting. A classroom presentation may be a way to neutralize negative feelings towards stuttering. Attendees will be provided with appropriate pre and post clinical checklist of how to incorporate the self-disclosure presentation into their therapeutic goals and determine client readiness	Loryn McGill, M.S., CCC-SLP is the owner of OC Stuttering Center in Costa Mesa, CA providing therapy exclusively for people who stutter. She is also an Adjunct Professor teaching a graduate course in Fluency Disorders. Loryn McGill, Owner: OC Stuttering Center and Chapman University Disclosures: Financial- Stuttering Therapy Resources, Inc (Royalties, Intellectual Property) Non-Financial; none to disclose	
Keynote: You're Faking It	After decades of "faking it" through life without living his truth, professional actor and singer Marc Winski was tired of conforming to the world's stigmatized standards. WHAT HAPPENED?? A continued journey of epic proportion..... What ways have YOU been 'faking it'??	Marc is a professional actor/singer/motivational speaker in NYC and a person who stutters. As an actor, he is currently striving to give a voice and be an advocate for people who stutter in theatre/film/media/television. Using a large TIKTOK/IG following as a bigger platform, he continues creating content and spreading stuttering awareness with wit and creativity for the stuttering community, a group of people who often go (quite literally) unheard and unseen in our culture. He is helping to give many more opportunities to show truthful representation and inclusivity in our world. Financial; Received speaker package, Non-financial: TikTok sensation	

Happily Stuttering At School	This session will discuss integrating qualifications for fluency in school-based services/ therapy techniques and Social Emotional Learning (SEL) to improve a student who stutters' attitude toward communication, to deal effectively with everyday personal and social challenges.	Jii Barton has been a SLP for 22 years. She has worked in both public and private schools and as a University clinical supervisor in several states. She works for Atlanta Public Schools and owns a small private practice. Financial: I have NO relevant financial relationship(s) to disclose. Non-financial: I have a relevant nonfinancial relationship(s) to disclose. •GSHA Schools Committee Chair •ASHA State Educational Advocacy Leader (SEAL)- Georgia •ASHA Committee Of Ambassador SLP member GA	
Covert Stuttering: Deep Cover	We will look at how stigma and ableism often is often behind covert stuttering. When hiding stuttering becomes larger than actual stuttering, you may want to explore ways to change.	Charley Adams is a Ph.D. SLP and is a university professor who teaches a graduate course on stuttering. He has been his local NSA CL for 21 years. He serves on the NSA Board and facilitated numerous workshops. Charley Adams has no financial or non-financial relationship related to the content of this presentation.	Pamela Mertz stutters and has been an active member of the global stuttering community. She was the visionary behind the NSA "We Stutter @ Work" program. She is passionate about helping women who stutter. Pamela Mertz has no financial or non-financial related to the content of the presentation.
Career Exploration For Teens Who Stutter	This workshop will help teens sharpen interview skills, disclosure, and how to successfully communicate with work colleagues, self advocacy, and how to successfully navigate with little experience, and being successful in your first. The We Stutter @ Work team is presenting this session.	John Ontiveros is a person who stutters who once let stuttering impact his self esteem and self limiting beliefs. The NSA has helped him to find acceptance and workplace success. He is now passionate about helping other people who stutter find courage and confidence. Financial: None to disclose /Non-financial, serves as NSA Chapter Leader	
Can you hold space for me too? At home, at school and at work	we all deserve safe-spaces; to show-up as we are, with openness and ease. This presentation will consider the costs and benefits of creating safe-space - where all of us are able to be our best.	Uri Schneider, M.A. CCC -SLP is the creator and podcast host at Transcending Stuttering; co-founder and leader at Schneider Speech; and faculty at the University of California, Riverside School of Medicine. Disclosure Uri Schneider has the following relevant financial relationships to disclose: co-director of Schneider Speech, creator of Transcending Stuttering, faculty at School of Medicine, University of California Riverside. Uri Schneider has no nonfinancial relationships to disclose.	Jennifer Scharf, M.A. CCC-SLP is a speech-language pathologist and a person who stutters. Jen is the founder of Speech Works SRQ. a private speech and stuttering therapy Leader for the Adult and Family chapters in Sarasota, FL and a cohort member and moderator for Transcending Stuttering. Financial: None to disclose /Non-financial, serves as NSA Chapter Leader.
Self-Advocating In the Workplace For PWS	The workplace can be a confusing environment to navigate as a person who stutters. Do you withdraw in meetings? Need help finding the courage to make "work friends"? Confused about how to receive support and understanding from your boss? Do you want guidance on how to ask for accommodations in the workplace? If you answered yes to any of these questions, you'll want to join this workshop! Come and hear from seasoned professionals on how they navigate the workplace, and learn actionable tips that you can use to ensure the best outcome in your own work life.	John Ontiveros is a person who stutters who once let stuttering impact his self esteem and self limiting beliefs. The NSA has helped him to find acceptance and workplace success. He is now passionate about helping other people who stutter find courage and confidence. Financial: None to disclose /Non-financial, None to disclose	Catherine Moroney is a rocket scientist". She has been active in the stuttering community for years: is on several NSA committees and is also on the board of directors for the Canadian Stuttering Association. Financial: None to disclose /Non-financial, None to disclose
Family Support for a Child Who Stutters	One size fits all doesn't work with a child who stutters. Come hear what has worked for our family as we have navigated this stuttering journey through early childhood into the teen years...and maybe even learn a few tips!	Kelly is a mom of two boys. Her oldest, Evan is a person who stutters and her family has been attending the NSA conferences since 2017. Kelly is a Teacher of Students with Visual Impairments and just recently received graduate degree in Special Education/Visual Impairment. Financial: None to disclose /Non-financial, None to disclose	

Cultivating Care, Community and Connection	This workshop will focus on how can people who stuter find the best clinician for their needs and goals. This session will highlight strategies for listening to clients, as well as how to overcome communication barriers.	Dominique Kennedy is passionate about helping you learn what's needed to build lasting connections in both our personal and professional lives. Her expertise help us to reframe challenges into opportunities, and help professionals lean in to the power of intentionality Financial: Author of 5 books on communication receives royalties from the sale of books Owner of a trade/service mark for printed publications and educational services roles of ownership, teaching and speaking Non-financial: No non-financial relationships to disclose	
Keeping Track of Stuttering in Daily Life	We will use the story of Moses as a launchpad to discuss how we can integrate our faith with our stuttering and see if our faith can help us better cope with stuttering. We will also discuss what we can gain from stuttering in the context of faith.	Xiaofan Lei is a PhD Candidate in Speech Language Hearing Sciences at the University of Minnesota - Twin Cities. She is a recipient of the 2021 NSA research award on stuttering in daily life. She once felt trapped by stuttering. The journey of self-acceptance is a difficult one for her but nevertheless beautiful. Financial: None to disclose /Non-financial, None to disclose	Chunming Cao is a software engineer living in the Bay Area. He came to the U.S. in 2014, has been active in Stutter Social, and has attended the NSA conference since 2019. He organized weekly stuttering self-help events for 1+ year when he was in China. Financial: None to disclose /Non-financial, None to disclose
Care less about stuttering one revolution at a time	Join us to dig deep into why we care so much about stuttering. We know that self-acceptance is golden, and there is a lot to gain from stuttering. However, making peace with stuttering takes more than sweeping our emotions under the rug in order to live freely.	Xiaofan Lei is a PhD Candidate in Speech Language Hearing Sciences at the University of Minnesota - Twin Cities. She is a recipient of the 2021 NSA research award on stuttering in daily life. She once felt trapped by stuttering. The journey of self-acceptance is a difficult one for her but nevertheless beautiful. Financial: None to disclose /Non-financial, None to disclose	Chunming Cao is a software engineer living in the Bay Area. He came to the U.S. in 2014, has been active in Stutter Social, and has attended the NSA conference since 2019. He organized weekly stuttering self-help events for 1+ year when he was in China. Financial: None to disclose /Non-financial, None to disclose
What Tweens/Teens Should know About Speech Therapy	Brandon and John worked together 25 years ago and recently reconnected. They talked about "what worked" and "what didn't".This intereactive workshop will help kids and teens as they progress on their jouney.	John A. Tetnowski has over 25 years of clinical experience and is a board certified fluency specialist. He has published over 80 manuscripts in fluency disorders and research methods and is an ASHA Fellow. He is a past recipient of NSA's SLP of the Year, Academic of the Year, and was a co-leader of a Chapter of the Year.(Disclosures listed above)	Brandon Kilgour is a 39 year old PWS, working as sound/recording engineer He received speech therapy as a teenager and recently reached out to his teenage speech therapist. He still stutters, remembers the impact of therapy on his life, and is is more accepting of stuttering as he ages.Financial: None to disclose /Non-financial, None to disclose
Supporting Communities Within Our Community: A BIPOC Think Tank	Stuttering should be seen through different community lenses. We will explore cultural differences to help decrease barriers that may prevent all PWS to access support and resources.	Angela Medina, Ph.D., CCC-SLP is an assistant professor in the Communication Sciences and Disorders Graduate Program at Florida International University. Her research focuses on the experiences of Hispanic/Latino/Latinx adults who stutter and mindfulness as a mental health resource. Dr. Medina is co-director of the CSD Mindfulness Research Lab at FIU and serves as Research Chair and Miami Chapter Leader of the National Stuttering Association. She is a member of SIGs 4 and 14. Financial Disclosures: Angela Medina is a paid faculty member at Florida International University. She makes monthly financial contributions to the NSA. Non-financial Disclosures: Angela Medina is Research Chair and Secretary of the NSA Board of Directors. She is co-chapter leader of the NSA's Miami Chapter.	
Stuttering in the Workplace: A Legal Overview	We will review employment laws that offer some protection to employees and job applicants who stutter. We'll look at federal law and how some states, like California offer greater protections. And we will review a recent court case that awarded monetary compensation to a person being mocked at work.	Ilya Filmus has been stuttering since the age of three. Ilya has been an attorney for almost 15 years, and is the founder and partner of Infinity Law Group LLP. One of Ilya's areas of expertise is employment law, including litigating wage and hour, harassment, and retaliation cases in the employment context on behalf of individuals and companies throughout California. Financial: None to disclose /Non-financial, serves as NSA Legal Counsel	

Stuttering and Intersectional Stigma	Intersectionality is a concept used to discuss the impact that multiple stigmatized identities have on an person. PWS who are multiply marginalized have unique experiences,thst offer important complexity to the diverse experience of stuttering. Panelists will share their experiences with insectionality.	Tiffani (she/her pronouns) is a person who stutters and a Speech-Language Pathologist. Her area of specialty is the assessment and treatment of children and adults who stutter. Tiffani is actively involved in the NSA, being the founder and leader of the the NSA Seattle Family Chapter. Tiffani Kittilstved: No financial disclosures. Personal disclosure: I am a multiply marginalized person who stutters myself and will share my personal experiences alongside the other panelists who are also multiply marginalized PWS.	
Stutter Proudly Through Art	Art can be a powerful way to communicate, educate, inspire, self-empower, and de-stigmatize. During this presentation, the presenter will discuss how they utilize artistic expression and creativity to self and societal stigma around stuttering.	Mark Baer is a stutterer and speech-language therapist, whose passion lies in utilizing creativity and art to reduce self and societal stigma around stuttering. Financial: None to disclose /Non-financial, None to disclose	
How to Practice Self-Acceptance and Self-Advocacy	We will present practical tools for self-acceptance - different ways to deal with thoughts and feelings, strategies like CBT, ACT, mindfulness and more, to provide SLPs and PWS tools to help with self-acceptance and self advocacy.	Uri Schneider, M.A. CCC -SLP is the creator and host of Transcending Stuttering; co-founder and leader at Schneider Speech; and faculty at the University of California, Riverside School of Medicine. (Disclosures listed above)	Jennifer Scharf, M.A. CCC-SLP is a speech-language pathologist and a person who stutters. Jen is the founder of Speech Works SRQ. a private speech and stuttering therapyr Leader for the Adult and Family chapters in Sarasota, FL and a cohort member and moderator for Transcending Stuttering. Financial: None to disclose /Non-financial, serves as NSA Chapter Leader.
Keynote: Morgan Lott	After making the 30 minute documentary "thisisstuttering" and premiering it at the NSA Conference in 2013, Morgan Lott had no idea that this project would take him on a journey far deeper and more difficult than he could have imagined, and not in the way you would expect. Now, 9 years later, he is here is share that story, lessons he has learned, and what it looks like to be a person that stutters while navigating the film industry.	Morgan Lott is a creative at heart. Founding production company Mane Co in 2017, he has worked with and led teams working with brands such as Nike, Lululemon, Apple, and Verizon as well as co-directing Emmy® Nominated documentary "Into the Spotlight." Morgan's films have explored many topics, most notably his own stutter in a documentary called "thisisstuttering." Financial; Received Speaker Package Non-financial: None to Disclose	
Interviewing For People Who Stutter	In this workshop we will provide some valuable advice and best practices for how to successfully interview as a person who stutters. We will discuss disclosure, when and how to do it, and how to reframe stuttering as a strength rather than a disadvantage.	John Ontiveros is a person who stutters who once let stuttering impact his self esteem and self limiting beliefs. The NSA has helped him to find acceptance and workplace success. He is now passionate about helping other people who stutter find courage and confidence. Financial: None to disclose /Non-financial, serves as NSA Chapter Leader	
Parents: How to Help Without Hindering	This interactive workshop for parents with assist them in empowering their child who stutters to become their biggest advocate for themselves. Parents will use what they learn in this workshop to support and foster independence, not rescue during challenging communication situations.	Loryn McGill, M.S., CCC-SLP is the owner of OC Stuttering Center in Costa Mesa, CA providing therapy exclusively for people who stutter and at Chapman University she is an Adjunct Professor and teaches the graduate course in Fluency Disorders. Loryn McGill, Owner: OC Stuttering Center and Chapman University Disclosures: Financial- Stuttering Therapy Resources, Inc (Royalties, Intellectual Property)	Nora A. O'Connor, LCSW is a licensed clinical social worker and a person who stutters. Nora facilitates counseling groups in her private practice for people who stutter. Financial: None to disclose /Non-financial, none to disclose.
From Victim to Survivor: The Process of Change	This workshop will introduce and explain the concept of stages of change. There are defined stages individuals go through to effect changes. Learning about those stages can be very helpful in understanding what may be holding us back from making meaningful changes in our lives. We will discuss victimhood to survivor and maybe even thriver.	Lee Reeves is a retired veterinarian and a person who stutters. He has been actively involved with self-help and support for individuals and families affected by stuttering for over 40 years. He is currently serving as the public member for SLP on the ASHA Council for Clinical Competence. Financial; None to disclose Non-financial: None to Disclose	

Adults who stutter: Where are they?	Less than 1% of adults who stutter engage with the stuttering community. This low engagement is universal. and is illustrated here using British local and national data, and online groups worldwide.	Max Gattie, MA, MRes, has run a stutter support group in Manchester, UK since 2008. He organised the British Stammering Association 2016 conference, and members elected him as trustee during the "STAMMA" campaign. His PhD research proposes that stuttering is a neurodivergence. Financial: None to disclose /Non-financial, None to disclose	
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